	Gender Position	Category Position	Category	Bib	Name	姓名	Official Time	ChipTime	Remark
35	1	1	3KM Individual Race - Female Aged 12-15	8005	IP HEUNG CHING	葉向晴	0:12:59	0:12:59	
38	3	2	3KM Individual Race - Female Aged 12-15	8004	NGAN LOK YI	顏樂誼	0:13:02	0:13:02	
47	5	3	3KM Individual Race - Female Aged 12-15	8214	LAU HONG CHING	劉康澄	0:13:21	0:13:20	
48	6	4	3KM Individual Race - Female Aged 12-15	8013	TAM NGA WUN KARINA		0:13:25	0:13:22	
96	19	5	3KM Individual Race - Female Aged 12-15	8202	LI TSZ YAU AUDREY	(II) 1+ Arr	0:15:34	0:15:22	
124 137	25 27	7	3KM Individual Race - Female Aged 12-15 3KM Individual Race - Female Aged 12-15	8003 8020	LEUNG PUI MING GIANNA MAK HAU KIU	梁沛銘 麥巧橋	0:17:02 0:17:22	0:16:40 0:17:21	
142	28	8	3KM Individual Race - Female Aged 12-15	8026	CHUNG CHEUK YIU	鍾卓瑤	0:17:33	0:17:21	
145	30	9	3KM Individual Race - Female Aged 12-15	8016	CARTER OLIVIA	5± +- 74	0:17:36	0:17:24	
146	31	10	3KM Individual Race - Female Aged 12-15	8019	TUNG SUM YIU	童心遥	0:17:38	0:17:24	
160	34	11	3KM Individual Race - Female Aged 12-15	8215	YIP HOI LAM	葉凱琳	0:18:04	0:17:47	
164	36	12	3KM Individual Race - Female Aged 12-15	8027	SIT KEI YUET	薛琦玥	0:18:15	0:18:12	
201	43	13	3KM Individual Race - Female Aged 12-15	8018	LIN YOUYA	林幼雅	0:19:20	0:19:12	
227	50	14	3KM Individual Race - Female Aged 12-15	8023	LAI HO YING	黎可瑩	0:19:54	0:19:42	
246	57	15	3KM Individual Race - Female Aged 12-15	8025	KWONG PAK NING MEGAN	鄺栢甯	0:20:15	0:20:04	
282	73	16	3KM Individual Race - Female Aged 12-15	8017	YEUNG WING SUM WINUS	楊穎芯	0:20:55	0:20:28	
285	75	17	3KM Individual Race - Female Aged 12-15	8012	CHAN POK LAM	陳博琳	0:20:58	0:20:54	
328	95	18	3KM Individual Race - Female Aged 12-15	8010	SHUM HANNAH KENZIE	10 ++-	0:21:52	0:21:20	
351	109	19	3KM Individual Race - Female Aged 12-15	8001	YEUNG TSZ MANG CHERISH	楊子萌	0:22:19	0:22:04	
371 387	118 133	20 21	3KM Individual Race - Female Aged 12-15 3KM Individual Race - Female Aged 12-15	8024 8007	CHAN WINGTUNG LAU PUI YING	陳泳潼	0:22:51	0:22:19 0:22:52	
425	152	22	3KM Individual Race - Female Aged 12-15	8015	KWOK KA LONG	郭加朗	0:23:13 0:23:49	0:23:35	
426	153	23	3KM Individual Race - Female Aged 12-15	8022	SO HOI YUET	蘇	0:23:51	0:23:45	
427	154	24	3KM Individual Race - Female Aged 12-15	8014	LEE SHEUNG	李賞	0:23:52	0:23:37	
463	177	25	3KM Individual Race - Female Aged 12-15	8002	YEUNG TSZ CHUNG CAROLINE	楊子頌	0:24:46	0:24:31	
486	190	26	3KM Individual Race - Female Aged 12-15	8201	NIP TSZ CHIN	聶子千	0:25:15	0:25:04	
493	196	27	3KM Individual Race - Female Aged 12-15	8011	HO EUGENIE		0:25:48	0:25:42	
594	264	28	3KM Individual Race - Female Aged 12-15	8008	YUNG BELLE		0:31:10	0:30:50	
624	286	29	3KM Individual Race - Female Aged 12-15	8006	LEUNG TSZ YU	梁芷瑜	0:34:15	0:33:45	
0	0	0	3KM Individual Race - Female Aged 12-15	8009	NG CHEUK LAM JOLIE	吳綽琳	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 12-15	8021	LEUNG HEI YU	梁晞瑜	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 12-15	8203	LIU HO YIN	廖浩言	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 12-15	8224	TSANG YOYO	75 1-11	RWR	0:12:20	No Prize
0	0	0	3KM Individual Race - Female Aged 12-15	8230	CHEUNG PAK YU	張栢榆	RWR	0:25:00	Wrong Sta
68	9	1	3KM Individual Race - Female Aged 16-29	7045	WONG LOK LAM	黄洛琳	0:14:26	0:14:24	
72	12	2	3KM Individual Race - Female Aged 16-29	7004	LAM HIU YU	林曉渝	0:14:30	0:14:21	
104	21	3	3KM Individual Race - Female Aged 16-29	7020	YUEN KEI YAN	袁杞欣	0:15:49	0:15:40	
144	29	4	3KM Individual Race - Female Aged 16-29	7029	ZHOU LING FEI LINDSEY	周凌菲	0:17:34	0:17:23	
147 169	32 37	5 6	3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 16-29	7041 7023	LAM SZE KI YU HONG CHING	林詩騏 余匡澄	0:17:38 0:18:23	0:17:17 0:18:17	
189	41	7	3KM Individual Race - Female Aged 16-29	7023	LEE HEI YAN	李晞恩	0:19:01	0:18:58	
205	44	8	3KM Individual Race - Female Aged 16-29	7017	TSUI SAU CHING	徐秀清	0:19:23	0:19:13	
233	52	9	3KM Individual Race - Female Aged 16-29	7038	WONG TSZ CHING	黄芷晴	0:19:58	0:19:50	
237	54	10	3KM Individual Race - Female Aged 16-29	7046	LUI TSE WAI JAYCE	雷芷維	0:20:02	0:19:42	
250	59	11	3KM Individual Race - Female Aged 16-29	7137	LAM MING SZE	林茗思	0:20:18	0:20:11	
259	65	12	3KM Individual Race - Female Aged 16-29	7026	HAW PO TIN	侯寶鈿	0:20:27	0:20:25	
265	67	13	3KM Individual Race - Female Aged 16-29	7051	HOO ZI NING		0:20:35	0:20:20	
267	68	14	3KM Individual Race - Female Aged 16-29	7044	LEE KIT LING		0:20:37	0:20:35	
292	78	15	3KM Individual Race - Female Aged 16-29	7025	CHAN WING YAN	陳穎茵	0:21:08	0:20:46	
308	84	16	3KM Individual Race - Female Aged 16-29	7048	CHAN UEN SAU		0:21:37	0:21:00	
311	87	17	3KM Individual Race - Female Aged 16-29	7047	WONG PUI YING	黃佩瑩	0:21:40	0:21:20	
347	107	18	3KM Individual Race - Female Aged 16-29	7145	LO TSZ CHING		0:22:15	0:21:45	
358	113	19	3KM Individual Race - Female Aged 16-29	7002	WONG ANSON	王梓鰻	0:22:33	0:22:30	
373	120	20	3KM Individual Race - Female Aged 16-29	7016	TANG LAI YING	郵産盈	0:22:54	0:22:13	
376 377	123	21	3KM Individual Race - Female Aged 16-29	7014	LEE TSZ CHING	李芷晴	0:23:02	0:22:58	
377	124 125	22 23	3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 16-29	7011 7012	WONG LOK MIN	黄樂敏 許霈柔	0:23:02 0:23:03	0:22:49 0:22:22	
390	134	24	3KM Individual Race - Female Aged 16-29	7012	HUI PUI YAU YUEN TSZ YING RACHEL	阮芷螢	0:23:20	0:22:22	
406	142	25	3KM Individual Race - Female Aged 16-29	7001	TSE SI LUM	謝思琳	0:23:31	0:22:57	
414	147	26	3KM Individual Race - Female Aged 16-29	7013	NG HOI SHUEN	B3310111	0:23:37	0:23:13	
416	148	27	3KM Individual Race - Female Aged 16-29	7138	LAM WING TUNG	林穎彤	0:23:40	0:23:32	
419	149	28	3KM Individual Race - Female Aged 16-29	7050	YEH LIANG CHEN	葉亮辰	0:23:42	0:23:27	
476	183	29	3KM Individual Race - Female Aged 16-29	7034	MAK CHING YIU	麥靜瑤	0:25:06	0:24:38	
477	184	30	3KM Individual Race - Female Aged 16-29	7035	WONG MING WAI	黄明蕙	0:25:06	0:24:39	
478	185	31	3KM Individual Race - Female Aged 16-29	7037	CASTRO VIVIEN	賈兆雅	0:25:07	0:24:40	
479	186	32	3KM Individual Race - Female Aged 16-29	7036	PONG TIN YI TINA	龐天怡	0:25:09	0:24:43	
480	187	33	3KM Individual Race - Female Aged 16-29	7021	LAU TSZ KWAN	劉子鈞	0:25:09	0:24:47	
498	199	34	3KM Individual Race - Female Aged 16-29	7028	SUEN HIU TUNG	孫曉彤	0:25:51	0:24:40	
500	200	35	3KM Individual Race - Female Aged 16-29	7015	CHEUNG MAN YING	張敏瑩	0:25:52	0:25:11	
503	202	36	3KM Individual Race - Female Aged 16-29	7040	YIP PIK YAN	葉碧欣	0:26:07	0:25:58	
519	211	37	3KM Individual Race - Female Aged 16-29	7018	NG KA LAM	吳嘉琳	0:27:06	0:26:38	
523 527	213 216	38 39	3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 16-29	7042 7007	LEUNG WING LAM AU PUI WA	歐佩樺	0:27:11 0:27:22	0:26:59 0:26:59	
542	226	40	3KM Individual Race - Female Aged 16-29	7147	YACK MAN HEI	易汶曦	0:28:03	0:27:27	
554	234	41	3KM Individual Race - Female Aged 16-29	7008	THIRUVENKADAM BINDHIYA	~~ (A-40)X	0:28:38	0:28:15	
559	239	42	3KM Individual Race - Female Aged 16-29	7009	TO WEN WAI	杜昀蔚	0:28:47	0:18:26	
581	254	43	3KM Individual Race - Female Aged 16-29	7136	LAI HOI CHING	黎凱晴	0:30:38	0:30:10	
582	255	44	3KM Individual Race - Female Aged 16-29	7135	YEUNG WING LAM	楊詠琳	0:30:38	0:30:10	
601	269	45	3KM Individual Race - Female Aged 16-29	7039	CHAN KA YI		0:31:38	0:30:58	
610	275	46	3KM Individual Race - Female Aged 16-29	7049	YIM CHRISTIE		0:32:12	0:31:53	
622	285	47	3KM Individual Race - Female Aged 16-29	7019	TANG MEI YEE	鄧美儀	0:34:06	0:23:56	
661	315	48	3KM Individual Race - Female Aged 16-29	7165	TANG SIN LAM	鄧茜藍	0:43:12	0:32:22	
662	316	49	3KM Individual Race - Female Aged 16-29	7166	LEUNG BAO YEE	梁寶怡	0:43:12	0:32:21	
665	319	50	3KM Individual Race - Female Aged 16-29	7033	YEUNG CHUNG YAN	楊頌恩	0:44:10	0:33:45	
0	0	0	3KM Individual Race - Female Aged 16-29	7003	CHOI CHEUK LAM	蔡卓霖	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 16-29	7005 7006	CHUNG PO LAM	王宇彤	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 16-29	7006	WANG EMILY LAM CHUI YUNG	林翠蓉	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 16-29	7022	CHAN CHING HI	THE PROPERTY.	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 16-29	7024	TSANG YI TING		DNS	DNS	
0		0	3KM Individual Race - Female Aged 16-29	7030	LAM YAN LOK DOROTHY	林恩樂	DNS	DNS	
0 0 0			3KM Individual Race - Female Aged 16-29	7031	NG PING PING	吳冰冰	DNS	DNS	
0 0 0	0	0		7043	CHAN LAI HUNG		DNS	DNS	
0 0 0		0	3KM Individual Race - Female Aged 16-29						
0 0 0 0	0			7139	YIM MEI KI	嚴美淇	DNS	DNS	
0 0 0 0 0	0 0 0	0	3KM Individual Race - Female Aged 16-29		YIM MEI KI LAM VICKY	嚴美淇			
0 0 0 0 0 0	0 0 0	0	3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 16-29	7139		嚴美淇	DNS	DNS	
0 0 0 0 0 0	0 0 0 0	0 0 0	3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 16-29	7139 7146	LAM VICKY	嚴美淇 陳嘉恩	DNS DNS	DNS DNS	
0 0 0 0 0 0 0	0 0 0 0 0	0 0 0	3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 16-29	7139 7146 7148	LAM VICKY CHEUNG KIT YI		DNS DNS DNS	DNS DNS DNS	
0 0 0 0 0 0 0 0 0 0 0 0 36 69 70	0 0 0 0 0 0	0 0 0 0 1 2 3	3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7139 7146 7148 7120	LAM VICKY CHEUNG KIT YI CHAN KA YAN	陳嘉恩	DNS DNS DNS 0:13:00	DNS DNS DNS 0:13:00 0:14:07 0:14:24	
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 7 0 7 7 7 7	0 0 0 0 0 0 0 2 10 11	0 0 0 0 1 2 3	3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 30-39	7139 7146 7148 7120 7123 7057 7055	LAM VICKY CHEUNG KIT YI CHAN KA YAN HO LOK LAM TSANG PUI CHUN YEUNG LAI SHAN	陳嘉恩 何樂琳	DNS DNS DNS 0:13:00 0:14:26 0:14:28 0:14:37	DNS DNS DNS 0:13:00 0:14:07 0:14:24 0:14:37	
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 7 0 7 7 7 7 7 7	0 0 0 0 0 0 0 2 10 11 14 24	0 0 0 0 1 2 3 4	3KM Individual Race - Female Aged 16-29 3KM individual Race - Female Aged 30-39	7139 7146 7148 7120 7123 7057 7055 7140	LAM VICKY CHEUNG KIT YI CHAN KA YAN HO LOK LAM TSANG PUI CHUN YEUNG LAI SHAN CHAN SUM YEE	陳嘉恩	DNS DNS DNS 0:13:00 0:14:26 0:14:28 0:14:37 0:16:56	DNS DNS DNS 0:13:00 0:14:07 0:14:24 0:14:37 0:16:42	
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 7 0 7 7 7 7	0 0 0 0 0 0 0 2 10 11	0 0 0 0 1 2 3	3KM Individual Race - Female Aged 16-29 3KM Individual Race - Female Aged 30-39	7139 7146 7148 7120 7123 7057 7055	LAM VICKY CHEUNG KIT YI CHAN KA YAN HO LOK LAM TSANG PUI CHUN YEUNG LAI SHAN	陳嘉恩 何樂琳	DNS DNS DNS 0:13:00 0:14:26 0:14:28 0:14:37	DNS DNS DNS 0:13:00 0:14:07 0:14:24 0:14:37	

Date. 13th April 20	,23								
Overall Position	Gender Position	Category Position	Category	Bib	Name	姓名	Official Time	ChipTime	Remark
180	40	9	3KM Individual Race - Female Aged 30-39	7103	NG KA YING		0:18:47	0:18:37	
223	47	10	3KM Individual Race - Female Aged 30-39	7093	HO SAU CHING	何秀菁	0:19:47	0:19:45	
225	49	11	3KM Individual Race - Female Aged 30-39	7155	CHU LAI TING	朱麗婷	0:19:51	0:19:37	
232 243	51 55	12	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7053 7124	LEUNG TUNG WAI KOK PUI YI	梁冬卉	0:19:58 0:20:13	0:19:39 0:19:40	
247	58	14	3KM Individual Race - Female Aged 30-39	7153	LI YUEN KIU SHIRLEY		0:20:16	0:19:38	
251	60	15	3KM Individual Race - Female Aged 30-39	7106	CHENG PO YAN	鄭普恩	0:20:19	0:20:08	
260	66	16	3KM Individual Race - Female Aged 30-39	7110	KWOK WING LAM	郭詠霖	0:20:28	0:19:51	
280	72	17	3KM Individual Race - Female Aged 30-39	7079	YIP YUEN LING	葉婉羚	0:20:52	0:20:45	
283	74	18	3KM Individual Race - Female Aged 30-39	7086	TANG CHUI LING	鄧翠玲	0:20:55	0:20:52	
289 303	77 80	19 20	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7142 7056	CHU HOI YAN CHAN MAN SIN	陳文佳	0:21:06 0:21:21	0:21:00 0:21:14	
306	82	21	3KM Individual Race - Female Aged 30-39	7158	CHAN CHUNG YAN	陳文倩	0:21:31	0:21:14	
310	86	22	3KM Individual Race - Female Aged 30-39	7095	LEUNG YVONNE YIN ON		0:21:40	0:21:13	
312	88	23	3KM Individual Race - Female Aged 30-39	7096	LEUNG KIM WAI	梁兼瑋	0:21:41	0:21:13	
315	90	24	3KM Individual Race - Female Aged 30-39	7151	CHEUNG KA WAI	張嘉慧	0:21:43	0:21:38	
317	91	25	3KM Individual Race - Female Aged 30-39	7097	HO SZE LOK		0:21:43	0:21:16	
322	93	26	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7129	SHEK HOI LAM	+0.10-40	0:21:44	0:21:20	
327 331	94 97	27 28	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7052 7150	WOO YUEN TING YIU WAH FONG	胡琬婷	0:21:51 0:21:56	0:21:22 0:21:51	
333	98	29	3KM Individual Race - Female Aged 30-39	7101	YIP CHING HEI SHIRLY	葉澄曦	0:21:58	0:21:23	
335	100	30	3KM Individual Race - Female Aged 30-39	7157	LEUNG YIK SUEN JACQUELINE	3141 <u>2</u> 111	0:22:03	0:21:37	
337	102	31	3KM Individual Race - Female Aged 30-39	7077	YUE CHEUK LAM		0:22:04	0:21:39	
341	104	32	3KM Individual Race - Female Aged 30-39	7068	LEONG KAM LEE		0:22:09	0:21:52	
346	106	33	3KM Individual Race - Female Aged 30-39	7087	CHAN LEE SZE		0:22:15	0:22:00	
349	108	34	3KM Individual Race - Female Aged 30-39	7067	WONG PO YI		0:22:17	0:22:14	
355	110	35	3KM Individual Race - Female Aged 30-39	7073	CHENG SUM TO		0:22:27	0:22:12	
362 365	114 115	36 37	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7080 7058	CHEUNG CHEUK LAM YAU HA PING		0:22:34	0:22:21 0:22:11	
367	116	38	3KM Individual Race - Female Aged 30-39	7121	LEUNG LOK KI	梁樂琪	0:22:41	0:22:40	
372	119	39	3KM Individual Race - Female Aged 30-39	7094	FUNG PO YIN	***	0:22:53	0:22:12	
380	126	40	3KM Individual Race - Female Aged 30-39	7100	PANG MEILIN		0:23:03	0:22:46	
393	135	41	3KM Individual Race - Female Aged 30-39	7156	CHAU TING FONG		0:23:21	0:22:45	
398	137	42	3KM Individual Race - Female Aged 30-39	7102	CHIU WING YAN		0:23:23	0:22:58	
402	139	43	3KM Individual Race - Female Aged 30-39	7066	WONG CHING TUNG		0:23:26	0:22:56	
408	143	44	3KM Individual Race - Female Aged 30-39	7059	YAM TO LING	台號FD	0:23:32	0:23:04	
412 428	146 155	45 46	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7143 7118	TSANG PO YI SUNG WING KI IRIS	曾寶兒 宋穎琪	0:23:37 0:23:53	0:23:23 0:23:52	
429	156	47	3KM Individual Race - Female Aged 30-39	7082	SUEN HEI HANG HAZEL	小 根块	0:23:53	0:23:37	
432	158	48	3KM Individual Race - Female Aged 30-39	7069	TANG TSZ KWAN		0:24:02	0:23:56	
434	160	49	3KM Individual Race - Female Aged 30-39	7126	YUEN TING WEI		0:24:02	0:23:27	
435	161	50	3KM Individual Race - Female Aged 30-39	7114	HO TIN SHUEN	賀天璇	0:24:03	0:23:27	
442	164	51	3KM Individual Race - Female Aged 30-39	7141	CHAN MAN YIN	陳汶燕	0:24:08	0:23:45	
444	166	52	3KM Individual Race - Female Aged 30-39	7075	TANG WAI MING	鄧慧明	0:24:11	0:24:10	
459	175	53	3KM Individual Race - Female Aged 30-39	7116	CHEUK YUEN SUEN	卓宛璇	0:24:41	0:24:25	
462 470	176	54 55	3KM Individual Race - Female Aged 30-39	7117 7076	NG SHUN KWAN	吳舜筠	0:24:44 0:24:57	0:24:27 0:24:51	
483	179 189	56	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7078	CHAN SZE MUI LOU CHEUK MAN CHARITY	盧卓敏	0:25:13	0:25:05	
506	203	57	3KM Individual Race - Female Aged 30-39	7084	HUNG TSZ SHAN	無十%<	0:26:09	0:25:30	
510	204	58	3KM Individual Race - Female Aged 30-39	7081	LAU SIN KEI		0:26:35	0:25:10	
511	205	59	3KM Individual Race - Female Aged 30-39	7159	WONG MAN WAI		0:26:38	0:26:25	
518	210	60	3KM Individual Race - Female Aged 30-39	7071	TSANG SHUK CHUN		0:27:01	0:26:52	
533	220	61	3KM Individual Race - Female Aged 30-39	7092	CHUNG YAN HIU	鍾昕曉	0:27:35	0:27:10	
535	222	62	3KM Individual Race - Female Aged 30-39	7115	TING BETTY	丁嘉文	0:27:40	0:27:16	
536 543	223	63 64	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7062 7152	LO SHUK MING YUEN KA YING		0:27:40 0:28:05	0:27:20 0:27:36	
550	232	65	3KM Individual Race - Female Aged 30-39	7149	LI MAN CHING		0:28:22	0:28:05	
565	244	66	3KM Individual Race - Female Aged 30-39	7085	CHOW KIANN TSZ SIN		0:29:07	0:29:00	
569	246	67	3KM Individual Race - Female Aged 30-39	7125	NG KA YAN	吳嘉恩	0:29:26	0:28:57	
570	247	68	3KM Individual Race - Female Aged 30-39	7130	IP HO HO	葉皓好	0:29:27	0:28:52	
571	248	69	3KM Individual Race - Female Aged 30-39	7132	CHAN HOI MAN	陳凱旻	0:29:28	0:29:03	
583	256	70	3KM Individual Race - Female Aged 30-39	7133	WONG YUAN LING	黄現鈴	0:30:41	0:30:22	
609 613	274 278	71 72	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7109 7111	CHAN SHU TING LAM KEI KWAN	陳舒庭 林紀均	0:32:10 0:32:36	0:21:35 0:32:04	
618	282	73	3KM Individual Race - Female Aged 30-39	7163	HON KA YI	1かかし 2つ	0:32:30	0:32:54	
619	283	74	3KM Individual Race - Female Aged 30-39	7164	YEUNG HOI KEI		0:33:24	0:32:54	
625	287	75	3KM Individual Race - Female Aged 30-39	7064	LAU LAI YING		0:34:16	0:33:43	
631	292	76	3KM Individual Race - Female Aged 30-39	7112	YEUNG YEE LING	楊綺羚	0:35:09	0:24:59	
638	298	77	3KM Individual Race - Female Aged 30-39	7154	HO KAM YEE JOYCE	何金儀	0:35:32	0:25:22	
639	299	78	3KM Individual Race - Female Aged 30-39	7088	CHEUNG CHUK MUI	## =T #R	0:35:32	0:25:18	
640 641	300 301	79 80	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7090 7162	IP HO KIU LAM KEI KWAN	葉可翹	0:35:32 0:35:37	0:25:18 0:35:06	
643	302	81	3KM Individual Race - Female Aged 30-39	7070	WONG CHING WAN	黃清雲	0:35:56	0:35:34	
644	303	82	3KM Individual Race - Female Aged 30-39	7089	YIP LIN LIN		0:36:57	0:36:27	
650	307	83	3KM Individual Race - Female Aged 30-39	7105	CHAN HOI SHAN	陳凱珊	0:38:47	0:28:45	
652	308	84	3KM Individual Race - Female Aged 30-39	7107	KANG SOHEE	GRA / ·	0:40:23	0:30:01	
659	313	85	3KM Individual Race - Female Aged 30-39	7113	LAU KA MAN	劉嘉敏	0:42:16	0:32:06	
660	314	86 87	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7122	WOO WING KA CHAN KWAN YEE CHERYL	胡詠嘉 陳鈞貽	0:43:08 0:43:12	0:33:08	
663 664	317 318	87 88	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7167 7168	CHAN KWAN YEE CHERYL CHAN SUET YING	陳到短	0:43:12	0:32:22 0:32:22	
0	0	0	3KM Individual Race - Female Aged 30-39	7054	LEUNG WING YU	梁詠瑜	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39	7060	LEE OI MAN	李靄文	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39	7061	LAU TIN LAN		DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39	7063	HO SIN TUNG	何善彤	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39	7065	WONG PUI MAN	黄佩文	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7072 7074	TSANG TSZ YAN	曾梓欣	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7074	NG KEBBE LEUNG YEE NA	梁綺娜	DNS	DNS DNS	
0	0	0	3KM Individual Race - Female Aged 30-39	7099	WONG CHEUK KIU	黄卓喬	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39	7104	CHEONG MIU KAM	張妙琴	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39	7108	KUN HOI YIN	靳凱然	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39	7119	CHAN YUEN TING EVA		DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39	7127	KWAN WING	關穎	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39	7128	CSISZAR NORA	藍心井	DNS	DNS	Wrong Ct-
0	0	0	3KM Individual Race - Female Aged 30-39 3KM Individual Race - Female Aged 30-39	7134 7144	KOO SUM YU HUANG KELLY	顧心茹	DNF	DNF	Wrong Start
0	0	0	3KM Individual Race - Female Aged 30-39	7144	YEUNG YIN CHI	楊燕慈	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 30-39	7161	NG KA LOONG	吳嘉龍	DNS	DNS	
46	4	1	3KM Individual Race - Female Aged 40-49	8081	LAI WAI CHUN	賴惠珍	0:13:21	0:13:19	
57	7	2	3KM Individual Race - Female Aged 40-49	8106	BUCHTOVA JANA		0:13:53	0:13:41	
88	15	3	3KM Individual Race - Female Aged 40-49	8091	WONG GIGI	#=#	0:15:09	0:15:05	
91 103	17 20	5	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8217 8104	LAM KA YEE CHENG KIT MAN VICTOR	林嘉儀	0:15:11 0:15:49	0:15:11 0:15:49	
192	42	6	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8104	TO WING YI	杜詠儀	0:15:49	0:15:49	
132				55 75		IP31 (\$9%	3.23.30	3.10.72	

verall Position 219						Dr. An			
		Category Position		Bib	Name	姓名	Official Time	ChipTime	Remark
	46	7	3KM Individual Race - Female Aged 40-49	8051	RONI LAU CHAN KA YUN KARIN	体中本	0:19:39	0:19:29	
257 258	63 64	9	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8099 8105	CHAN KA YUN KARIN CHAN KIT MING	陳家茵 陳潔明	0:20:26 0:20:26	0:20:14 0:20:12	
271	69	10	3KM Individual Race - Female Aged 40-49	8076	CHAN LAI TING	陳禮婷	0:20:44	0:20:34	
279	71	11	3KM Individual Race - Female Aged 40-49	8045	LAU WAI SHAN		0:20:50	0:20:29	
307	83	12	3KM Individual Race - Female Aged 40-49	8069	LAU WING SZE	劉詠詩	0:21:35	0:21:26	
313	89	13	3KM Individual Race - Female Aged 40-49	8043	FUNG KIT YU YUKI	馮潔茹	0:21:42	0:21:23	
357	112 117	14 15	3KM Individual Race - Female Aged 40-49	8071 8216	FUNG YIP FAN ADA LEE ON YEE	李安怡	0:22:32 0:22:41	0:22:20 0:22:11	
368 381	127	16	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8030	NG KAM YAN	吳鑑欣	0:23:05	0:22:44	
382	128	17	3KM Individual Race - Female Aged 40-49	8218	TSANG ADA	JC AMEDIA.	0:23:06	0:23:01	
395	136	18	3KM Individual Race - Female Aged 40-49	8052	LAM LAI KA		0:23:23	0:23:15	
404	141	19	3KM Individual Race - Female Aged 40-49	8226	LEUNG KA YEE	梁家怡	0:23:29	0:23:17	
409	144	20	3KM Individual Race - Female Aged 40-49	8064	BARRETTO MARIETT	-D /D #	0:23:33	0:23:29	
410 421	145 150	21 22	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8059 8040	NG PUI YAN KWOK SAI MUI	吳佩茵 郭細妹	0:23:34 0:23:46	0:23:12 0:23:39	
433	159	23	3KM Individual Race - Female Aged 40-49	8093	SIU HOI TIK	蕭愷廸	0:24:02	0:23:56	
441	163	24	3KM Individual Race - Female Aged 40-49	8046	LEUNG HIU CHING		0:24:06	0:23:44	
443	165	25	3KM Individual Race - Female Aged 40-49	8033	CHAN SZE LAN	陳詩蘭	0:24:09	0:23:57	
446	168	26	3KM Individual Race - Female Aged 40-49	8060	WONG KIT HAN		0:24:15	0:23:57	
448	169	27	3KM Individual Race - Female Aged 40-49	8047	LEE MEI WAN	未休命	0:24:23	0:24:20	
449 450	170 171	28 29	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8039 8042	LEE YEE MAN CHAN DING YAN	李綺雯 陳定欣	0:24:30 0:24:32	0:24:20 0:24:09	
451	172	30	3KM Individual Race - Female Aged 40-49	8102	LAM YAT SIN	林逸仙	0:24:32	0:24:16	
464	178	31	3KM Individual Race - Female Aged 40-49	8031	CHU TIN WING		0:24:47	0:24:13	
471	180	32	3KM Individual Race - Female Aged 40-49	8211	HUI WAI LAM VIVIAN	許慧琳	0:25:01	0:24:44	
482	188	33	3KM Individual Race - Female Aged 40-49	8078	CHUNG CHI CHUN	鍾志珍	0:25:12	0:25:03	
487	191	34	3KM Individual Race - Female Aged 40-49	8034	LEUNG CHING MAN	梁靜文	0:25:21	0:25:18	
488	192	35	3KM Individual Race - Female Aged 40-49	8066	LAU SIU FUNG	劉少峰	0:25:26	0:25:08	
490 491	194 195	36 37	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8083 8080	MAN NGAR LAI CHOI CHE YAN APRIL	文雅麗 蔡芷茵	0:25:38 0:25:47	0:25:34 0:25:42	
494	197	38	3KM Individual Race - Female Aged 40-49	8073	TSOI TO YAN	775 all (64)	0:25:48	0:25:42	
496	198	39	3KM Individual Race - Female Aged 40-49	8085	MA KA PO PEREEN	馬嘉寶	0:25:50	0:25:11	
501	201	40	3KM Individual Race - Female Aged 40-49	8050	LEUNG HAU YEE	梁巧怡	0:25:56	0:25:47	
512	206	41	3KM Individual Race - Female Aged 40-49	8227	YEUNG KA MAN	楊嘉雯	0:26:43	0:26:31	
513	207	42	3KM Individual Race - Female Aged 40-49	8109	WONG KING FONG NGAN WAI SHAN KIOUNI	紡事山	0:26:45	0:26:15	
529 537	217 224	43 44	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8087 8206	SO KA MAN	顔惠山 蘇嘉敏	0:27:24 0:27:50	0:27:16 0:27:35	
541	225	45	3KM Individual Race - Female Aged 40-49	8107	LAU SIU KI	劉小琪	0:28:02	0:27:41	
546	229	46	3KM Individual Race - Female Aged 40-49	8084	CHUI WING SZE CAROL	徐詠詩	0:28:12	0:27:32	
547	230	47	3KM Individual Race - Female Aged 40-49	8061	HO MAN WAI		0:28:15	0:27:52	
549	231	48	3KM Individual Race - Female Aged 40-49	8089	WONG PUI LING	黄佩鈴	0:28:21	0:27:56	
551	233	49	3KM Individual Race - Female Aged 40-49	8208	CHENG KAREN	鄭凱琳	0:28:33	0:28:01	
556 557	236 237	50 51	3KM Individual Race - Female Aged 40-49	8058 8057	LIM SHUN YAN FLORENCE CHUNG NGA KI		0:28:44 0:28:44	0:28:34 0:28:34	
558	238	52	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8065	LAM HIU YEE	林曉而	0:28:46	0:28:31	
560	240	53	3KM Individual Race - Female Aged 40-49	8074	YOUNG WING YAN	楊詠茵	0:28:47	0:28:17	
561	241	54	3KM Individual Race - Female Aged 40-49	8067	LAM KIFFANY		0:28:50	0:28:35	
562	242	55	3KM Individual Race - Female Aged 40-49	8219	MA KIT YING	馬潔瑩	0:28:58	0:28:47	
575	251	56	3KM Individual Race - Female Aged 40-49	8044	LAU YUEN MAN PESIRE	劉婉雯	0:30:04	0:29:57	
587	258	57	3KM Individual Race - Female Aged 40-49	8205	LAU KAR PUI	劉嘉珮	0:30:54	0:30:25	
588 593	259 263	58 59	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8098 8048	YUNG CHAU SHUN CHAU PUI CHING		0:30:56 0:31:10	0:30:36 0:30:50	
600	268	60	3KM Individual Race - Female Aged 40-49	8053	LAU SHUK CHING		0:31:35	0:31:03	
603	270	61	3KM Individual Race - Female Aged 40-49	8075	CHEN JIN YUAN	陳錦園	0:31:42	0:31:28	
612	277	62	3KM Individual Race - Female Aged 40-49	8086	LAU SO HA	劉素霞	0:32:21	0:32:09	
616	280	63	3KM Individual Race - Female Aged 40-49	8100	CHOI CHING WAI MARIA	蔡正慧	0:33:14	0:33:07	
617	281	64	3KM Individual Race - Female Aged 40-49	8101	WONG SIN WAN	黄倩蘊	0:33:16	0:33:08	
626 632	288 293	65 66	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8070 8092	LAI SIU MEI CHEUNG YUK YIN	黎筱薇 張育賢	0:34:26 0:35:14	0:33:58 0:35:08	
633	294	67	3KM Individual Race - Female Aged 40-49	8055	CHOW TSUI YEE	以日具	0:35:15	0:35:02	
634	295	68	3KM Individual Race - Female Aged 40-49	8209	HUNG TSZ HO KELLY	洪子皓	0:35:23	0:34:58	
635	296	69	3KM Individual Race - Female Aged 40-49	8210	WONG LAI SHAN	黄麗珊	0:35:23	0:34:59	
646	305	70	3KM Individual Race - Female Aged 40-49	8041	LAM KA YAN ZOE		0:37:13	0:36:47	
668	320	71	3KM Individual Race - Female Aged 40-49	8063	LI NGA YEE	利雅儀	0:45:29	0:45:00	
669	321	72	3KM Individual Race - Female Aged 40-49	8103	WONG MAN YEE	黄汶意	0:46:13	0:45:29	\\/C+-
0	0	0	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8028 8029	HUI KAR BIK FAN KA YI	許家碧 范家怡	RWR DNS	00:26:13 DNS	Wrong Sta
0	0	0	3KM Individual Race - Female Aged 40-49	8032	HO SIN MING	心水口	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 40-49	8032	LI KIMI		DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 40-49	8036	KARINE LI	李嘉茵	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 40-49	8037	WONG PUI CHE		DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8038 8054	LI SAU MAN POON YEE MAN	潘綺雯	DNS DNS	DNS DNS	
0	0	0	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8054	YU HIU MAN	/田 4吋 文	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 40-49	8062	WONG KA KI	黄珈琪	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 40-49	8068	MAN HOI LUN	文凱倫	RWR	0:32:15	Wrong Sta
0	0	0	3KM Individual Race - Female Aged 40-49	8072	MUI TIFFANY HO KWAN		DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 40-49	8077	CHAN KA WING	陳家頴	RWR	0:22:05	Wrong Sta
	0	0	3KM Individual Race - Female Aged 40-49	8079	NG HOI KWAN	FIT TO AT	DNS	DNS	Mros - C
0	0	0	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8082 8088	YAU CHIA YU TSANG KAREN	邱嘉鈺 曾嘉儀	RWR DNS	0:24:56 DNS	Wrong Sta
0	n	U	JAN HUNGUAL NACE - FEITIGH ABEU 40-49	8088	LING CHING YIN	_{百 新 俄} 凌政言	RWR	0:23:36	Wrong Sta
	0		3KM Individual Race - Female Aged 40-49						
0		0	3KM Individual Race - Female Aged 40-49 3KM Individual Race - Female Aged 40-49	8094	SIT KA YAN		DNS	DNS	
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Overall Position	Gender Position			Bib	Name	姓名	Official Time	ChipTime	Remark
296	79	12	3KM Individual Race - Female Aged 50-59	8148	ENG HELEN	伍麗兒	0:21:10	0:21:02	
319 330	92 96	13 14	3KM Individual Race - Female Aged 50-59 3KM Individual Race - Female Aged 50-59	8140 8152	TSANG MAGGIE CHENG CHOR YING	鄭楚英	0:21:43 0:21:54	0:21:22 0:21:54	
334	99	15	3KM Individual Race - Female Aged 50-59	8153	CHENG TSUI FONG	鄭翠芳	0:21:58	0:21:56	
336	101	16	3KM Individual Race - Female Aged 50-59	8124	LAI SUET YEE		0:22:03	0:21:45	
339	103	17	3KM Individual Race - Female Aged 50-59	8130	POON SIN WAH IVY	潘倩華	0:22:08	0:21:51	
343	105	18	3KM Individual Race - Female Aged 50-59	8163	CHAN PUI HAR	陳佩霞	0:22:13	0:22:12	
356	111	19	3KM Individual Race - Female Aged 50-59	8114	FUNG MEI CHU PAMELA LAI YAU LING	馮美珠 超 44 76	0:22:29	0:22:25	
374 375	121 122	20 21	3KM Individual Race - Female Aged 50-59 3KM Individual Race - Female Aged 50-59	8135 8123	TSANG LAI YI PEON	賴幼玲 曾麗儀	0:23:00 0:23:01	0:22:57 0:22:35	
383	129	22	3KM Individual Race - Female Aged 50-59	8131	LAI SUK YI	黎淑儀	0:23:09	0:22:56	
384	130	23	3KM Individual Race - Female Aged 50-59	8111	LEUNG WING SZE	梁詠詩	0:23:09	0:22:56	
385	131	24	3KM Individual Race - Female Aged 50-59	8132	CHAN LOTUS		0:23:10	0:22:50	
386	132	25	3KM Individual Race - Female Aged 50-59	8120	LEE SANDRA	.m atte	0:23:10	0:23:01	
400	138	26	3KM Individual Race - Female Aged 50-59	8155	NG MEI	吳薇 黃雅思	0:23:25	0:23:13	
403 445	140 167	27 28	3KM Individual Race - Female Aged 50-59 3KM Individual Race - Female Aged 50-59	8164 8143	WONG NGA SZE BCO YAU CHANG WING SZE	游鄭詠詩	0:23:29 0:24:12	0:23:02 0:24:09	
454	174	29	3KM Individual Race - Female Aged 50-59	8118	WONG ELIZABETH	נישינשיקאל ננוני	0:24:36	0:24:26	
489	193	30	3KM Individual Race - Female Aged 50-59	8151	DIU KA WAI	刁嘉慧	0:25:38	0:25:00	
514	208	31	3KM Individual Race - Female Aged 50-59	8117	LUI SIU YUK	呂少玉	0:26:48	0:26:33	
525	214	32	3KM Individual Race - Female Aged 50-59	8134	MA LAI MING	馬麗明	0:27:20	0:27:05	
526	215	33 34	3KM Individual Race - Female Aged 50-59	8133	WONG CHOI LIN	晉婁明	0:27:21	0:27:05	
530 532	218 219	35	3KM Individual Race - Female Aged 50-59 3KM Individual Race - Female Aged 50-59	8110 8121	TAM WAI MING LEE ABBIE	譚慧明	0:27:27 0:27:34	0:27:21 0:27:25	
563	243	36	3KM Individual Race - Female Aged 50-59	8127	CHEUNG SIU FUN	張少芬	0:29:00	0:28:30	
567	245	37	3KM Individual Race - Female Aged 50-59	8146	CHAN HAU YIN CHERRY	陳厚言	0:29:24	0:28:53	
573	249	38	3KM Individual Race - Female Aged 50-59	8139	KWAN SAU YEE DOROTHY		0:29:32	0:29:18	
574	250	39	3KM Individual Race - Female Aged 50-59	8115	YAM SIU LIN	任紹蓮	0:29:56	0:29:39	
577	252	40	3KM Individual Race - Female Aged 50-59	8136	CHOI SUK HA	蔡淑霞	0:30:11	0:30:07	
579	253	41	3KM Individual Race - Female Aged 50-59	8166	BUDIMAN LILYANI	陳嘉麗	0:30:33	0:30:30	
585 590	257 260	42 43	3KM Individual Race - Female Aged 50-59 3KM Individual Race - Female Aged 50-59	8137 8167	NGAI CHAU KAM ROSITA TAM HOI HUNG	魏秋琴	0:30:49 0:30:58	0:30:49 0:30:56	
590	261	43	3KM Individual Race - Female Aged 50-59 3KM Individual Race - Female Aged 50-59	8221	SIU KIN HUNG CAROL	蕭健紅	0:30:58	0:30:56	
599	267	45	3KM Individual Race - Female Aged 50-59	8159	CHAN PIK YUK PAT	陳碧玉	0:31:35	0:29:41	
604	271	46	3KM Individual Race - Female Aged 50-59	8149	LAU SIU MAN	劉少雯	0:31:42	0:31:29	
608	273	47	3KM Individual Race - Female Aged 50-59	8126	LAU YUEN KAN ELGIN	劉婉間	0:32:08	0:32:01	
611	276	48	3KM Individual Race - Female Aged 50-59	8119	LAM OI YING	₩r → +-	0:32:15	0:31:55	
615	279	49	3KM Individual Race - Female Aged 50-59	8144	CHENG MAN KUEN	鄭文娟	0:32:59	0:32:50	
620 628	284 290	50 51	3KM Individual Race - Female Aged 50-59 3KM Individual Race - Female Aged 50-59	8158 8162	CHENG YUET FONG YVONNE CHEUNG WAI CHING	鄭月芳 張惠晶	0:33:28 0:34:51	0:31:36 0:34:46	
645	304	52	3KM Individual Race - Female Aged 50-59	8145	LAI SIU FUN CAROL	黎筱芬	0:37:12	0:36:49	
648	306	53	3KM Individual Race - Female Aged 50-59	8116	HO DOBBY	W 12/22	0:37:30	0:35:25	
0	0	0	3KM Individual Race - Female Aged 50-59	8112	PAU KIT HAN CARA		DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 50-59	8138	LI YUEN MAN	李婉文	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 50-59	8141	SIN SILINA	單慧珊	DNS	DNS	
0	0	0	3KM Individual Race - Female Aged 50-59 3KM Individual Race - Female Aged 50-59	8147 8160	YEUNG Y LAU DIONNE	劉志寶	DNS DNS	DNS DNS	
0	0	0	3KM Individual Race - Female Aged 50-59	8161	CHAN PUI SHAN VIVIEN	刘心貝	RWR	0:21:15	Wrong Start
0	0	0	3KM Individual Race - Female Aged 50-59	8168	WONG CATHERINE		RWR	0:31:37	Wrong Start
0	0	0	3KM Individual Race - Female Aged 50-59	8222	TSANG SUET FAN		DNS	DNS	. 0
0	0	0	3KM Individual Race - Female Aged 50-59	8228	KWAN WAI LING	Regina	DNS	DNS	
63	8	1	3KM Individual Race - Female Aged 60 or above	8194	CHAN KIT HA	陳潔霞	0:14:20	0:14:20	
90 112	16 23	3	3KM Individual Race - Female Aged 60 or above	8192	CHEUNG FUNG MING	晉羊繭	0:15:10	0:15:06	
206	45	4	3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above	8169 8183	TAM MEI LAN WONG SIU KAM	譚美蘭	0:16:22 0:19:24	0:16:17 0:19:20	
224	48	5	3KM Individual Race - Female Aged 60 or above	8177	FONG MEI WAH		0:19:48	0:19:44	
304	81	6	3KM Individual Race - Female Aged 60 or above	8198	LAM CHUN CHU SANDRA		0:21:27	0:21:25	
309	85	7	3KM Individual Race - Female Aged 60 or above	8223	WONG LUI SUSANNA CYLIAN	黃雷思倫	0:21:38	0:21:22	
422	151	8	3KM Individual Race - Female Aged 60 or above	8182	TSAI YVONNE	16 AT AT	0:23:46	0:23:35	
431 439	157 162	9 10	3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above	8229 8193	CHEUNG SAU WAN LEE PIK SHAN	張秀雲 李碧珊	0:24:01 0:24:05	0:23:38 0:24:03	
452	173	11	3KM Individual Race - Female Aged 60 or above	8190	WONG YUK LING	黄玉玲	0:24:33	0:24:21	
472	181	12	3KM Individual Race - Female Aged 60 or above	8184	KWOK SUET FAN	郭雪芬	0:25:02	0:24:49	
474	182	13	3KM Individual Race - Female Aged 60 or above	8191	WONG MEI KIU	黄美翹	0:25:04	0:24:51	
517	209	14	3KM Individual Race - Female Aged 60 or above	8185	WONG JUDY		0:27:01	0:26:42	
520	212	15	3KM Individual Race - Female Aged 60 or above	8186	CHAU MIU HAN FORNIA	周妙嫻	0:27:07	0:26:43	
534	221	16	3KM Individual Race - Female Aged 60 or above	8199	CHIU MUNG LING	趙夢玲	0:27:39	0:27:26	
545	228 235	17 18	3KM Individual Race - Female Aged 60 or above	8176	FUNG PUI HUNG EILEEN	馮佩虹	0:28:11	0:28:09	
555 592	235	18	3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above	8180 8178	HO LAI HA KO IRENE		0:28:40 0:31:10	0:28:19 0:30:54	
595	265	20	3KM Individual Race - Female Aged 60 or above	8195	WAI PUI MEI		0:31:15	0:30:54	
597	266	21	3KM Individual Race - Female Aged 60 or above	8171	TANG KIT LING		0:31:23	0:31:23	
606	272	22	3KM Individual Race - Female Aged 60 or above	8175			0:31:54	0:31:34	
					LAM OI LAN				
627	289	23	3KM Individual Race - Female Aged 60 or above	8188	CHIN SHELINA	plus TUTE rates	0:34:48	0:34:41	
630	289 291	23 24	3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above	8188 8213	CHIN SHELINA LIU LAI YING	廖麗容	0:34:48 0:35:03	0:34:41 0:34:46	
630 636	289 291 297	23 24 25	3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above	8188 8213 8172	CHIN SHELINA LIU LAI YING TSUI WAN WO SANDY	徐韻和	0:34:48 0:35:03 0:35:28	0:34:41 0:34:46 0:35:11	
630 636 653	289 291 297 309	23 24 25 26	3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above	8188 8213 8172 8170	CHIN SHELINA LIU LAI YING TSUI WAN WO SANDY LAM SUI LING	徐韻和 林瑞玲	0:34:48 0:35:03 0:35:28 0:40:48	0:34:41 0:34:46 0:35:11 0:38:42	
630 636 653 654	289 291 297	23 24 25 26 27	3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above	8188 8213 8172 8170 8174	CHIN SHELINA LIU LAI YING TSUI WAN WO SANDY	徐韻和 林瑞玲 楊淑娟	0:34:48 0:35:03 0:35:28 0:40:48 0:41:15	0:34:41 0:34:46 0:35:11 0:38:42 0:40:36	
630 636 653	289 291 297 309 310	23 24 25 26	3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above	8188 8213 8172 8170	CHIN SHELINA LIU LAI YING TSUI WAN WO SANDY LAM SUI LING YEUNG SHUK KUEN	徐韻和 林瑞玲	0:34:48 0:35:03 0:35:28 0:40:48	0:34:41 0:34:46 0:35:11 0:38:42	
630 636 653 654 655	289 291 297 309 310 311 312	23 24 25 26 27 28 29 30	3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above	8188 8213 8172 8170 8174 8173 8181 8197	CHIN SHELINA LIU LAI YING TSUI WAN WO SANDY LAM SUI LING YEUNG SHUK KUEN HUI HEUNG NING LI WAI YIN YUNG MUI FONG	徐韻和 林瑞玲 楊淑娟 許香寧 李惠賢 翁梅芳	0:34:48 0:35:03 0:35:28 0:40:48 0:41:15 0:41:15 0:41:40 0:46:22	0:34:41 0:34:46 0:35:11 0:38:42 0:40:36 0:40:37 0:39:16 0:45:37	
630 636 653 654 655 658 670 672	289 291 297 309 310 311 312 322 323	23 24 25 26 27 28 29 30 31	3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above	8188 8213 8172 8170 8174 8173 8181 8197 8196	CHIN SHELINA LIU LAI YING TSUI WAN WO SANDY LAM SUI LING YEUNG SHUK KUEN HUI HEUNG NING LI WAI YIN YUNG MUI FONG YUNG LAN FONG	徐韻和 林瑞玲 楊淑娟 許香寧 李惠賢	0:34:48 0:35:03 0:35:28 0:40:48 0:41:15 0:41:15 0:41:40 0:46:22 0:46:24	0:34:41 0:34:46 0:35:11 0:38:42 0:40:36 0:40:37 0:39:16 0:45:37 0:45:40	
630 636 653 654 655 658 670 672	289 291 297 309 310 311 312 322 323 0	23 24 25 26 27 28 29 30 31	3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above 3KM Individual Race - Female Aged 60 or above	8188 8213 8172 8170 8174 8173 8181 8197 8196 8179	CHIN SHELINA LIU LAI YING TSUI WAN WO SANDY LAM SUI LING YEUNG SHUK KUEN HUI HEUNG NING LI WAI YIN YUNG MUI FONG YUNG LAN FONG LAI SHUK CHUN	徐韻和 林瑞娟 許香惠 李 稿 蘭 新 新 青 青 青 青 青 青 青 青 青 青 青 青 青 青 青 青 青	0:34:48 0:35:03 0:35:28 0:40:48 0:41:15 0:41:15 0:41:40 0:46:22 0:46:24 DNS	0:34:41 0:34:46 0:35:11 0:38:42 0:40:36 0:40:37 0:39:16 0:45:37 0:45:40 DNS	
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Overall Position		Category Position	Category	Bib	Name	姓名	Official Time	ChipTime	Remark
87	73	19	3KM Individual Race - Male Aged 12-15	9004	TAM JAYDEN	譚俊熙	0:15:08	0:14:55	
100	81	20	3KM Individual Race - Male Aged 12-15	9146	YU CHING KAN	余政勤	0:15:41	0:15:36	
101	82	21	3KM Individual Race - Male Aged 12-15	9147	TSE TSUN HEI	謝峻熙	0:15:41	0:15:36	
105	84	22	3KM Individual Race - Male Aged 12-15	9162	ZHUANG JUNQI	莊竣淇	0:15:50	0:15:24	
109	88	23	3KM Individual Race - Male Aged 12-15	9046	CHUNG CHUNG WUN KI	锺焕奇	0:16:17	0:16:14	
113 114	90 91	24 25	3KM Individual Race - Male Aged 12-15 3KM Individual Race - Male Aged 12-15	9001 9051	CHENG TSZ HIN FOK KA HEI	霍嘉熙	0:16:25 0:16:25	0:16:25 0:16:07	
115	92	26	3KM Individual Race - Male Aged 12-15	9017	LAM HAYDEN YIP HIN	林業軒	0:16:27	0:16:00	
116	93	27	3KM Individual Race - Male Aged 12-15	9020	CHAN TREVOR	11174-11	0:16:29	0:16:02	
118	95	28	3KM Individual Race - Male Aged 12-15	9022	WONG HO CHUN ISLY	黄昊津	0:16:40	0:16:40	
127	102	29	3KM Individual Race - Male Aged 12-15	9009	WONG NGO TING SCOFIELD	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	0:17:13	0:16:44	
128	103	30	3KM Individual Race - Male Aged 12-15	9003	CHAN LANG AARIF	陳朗	0:17:13	0:16:52	
132	107	31	3KM Individual Race - Male Aged 12-15	9034	FENG CHUN HEI	馮	0:17:18	0:17:11	
138	111	32	3KM Individual Race - Male Aged 12-15	9007	CHIANG JIM		0:17:28	0:17:19	
152	119	33	3KM Individual Race - Male Aged 12-15	9149	HUANG HOI SHING	黄開誠	0:17:50	0:17:44	
154	121	34	3KM Individual Race - Male Aged 12-15	9150	CHIU NGO SHUN	趙敖舜	0:17:51	0:17:43	
159	126	35	3KM Individual Race - Male Aged 12-15	9032	LEUNG HEI CHUN	梁晞雋	0:18:03	0:17:25	
182	142	36	3KM Individual Race - Male Aged 12-15	9023	LAM TRISTAN		0:18:52	0:18:32	
194	152	37	3KM Individual Race - Male Aged 12-15	9038	YIU LONG YIN JOSEPH	姚朗賢	0:19:10	0:19:08	
195	153	38	3KM Individual Race - Male Aged 12-15	9041	CHOW TZE LOK	+ + m	0:19:10	0:18:55	
198	156	39	3KM Individual Race - Male Aged 12-15	9152	WONG KA HEI	黄嘉熙	0:19:14	0:19:04	
208 209	163 164	40 41	3KM Individual Race - Male Aged 12-15 3KM Individual Race - Male Aged 12-15	9033 9021	FUNG AVAN CHEUNG TIK LONG	馮骏禮 張迪朗	0:19:27 0:19:28	0:19:03 0:19:17	
210	165	42	3KM Individual Race - Male Aged 12-15	9042	LEE CHESTER	李卓諺	0:19:28	0:19:03	
211	166	43	3KM Individual Race - Male Aged 12-15	9019	LAU YEE HANG	劉以行	0:19:30	0:19:20	
212	167	44	3KM Individual Race - Male Aged 12-15	9151	TSE HO	謝灝	0:19:31	0:19:25	
215	170	45	3KM Individual Race - Male Aged 12-15	9010	WAN SOEN JAT	尹淳一	0:19:33	0:19:28	
217	172	46	3KM Individual Race - Male Aged 12-15	9018	LAM LUCAS CHI LOK	林知樂	0:19:34	0:19:06	
240	186	47	3KM Individual Race - Male Aged 12-15	9012	YU HO YIN		0:20:09	0:20:04	
248	190	48	3KM Individual Race - Male Aged 12-15	9039	HUI YAU SHUN	許宥淳	0:20:16	0:20:15	
294	216	49	3KM Individual Race - Male Aged 12-15	9016	CHIN CHI HEI	錢智熹	0:21:08	0:21:05	
295	217	50	3KM Individual Race - Male Aged 12-15	9043	CHAN PAK HO	陳柏澔	0:21:08	0:20:53	
300	221	51	3KM Individual Race - Male Aged 12-15	9031	TSE SHUN YAN	謝淳因	0:21:20	0:20:56	
314	225	52	3KM Individual Race - Male Aged 12-15	9050	KWOK YIK WEI JAYDEN	郭易為	0:21:42	0:21:17	
352	243	53	3KM Individual Race - Male Aged 12-15	9011	TSO WAI LUN		0:22:21	0:22:11	
354	245	54	3KM Individual Race - Male Aged 12-15	9145	CHAN CHI HO	陳智豪	0:22:26	0:22:20	
392	258	55	3KM Individual Race - Male Aged 12-15	9035	CHEN YIKHANG	陳奕衡	0:23:20	0:23:09	
481	294	56	3KM Individual Race - Male Aged 12-15	9049	WONG CARSON YIU YEE	黄耀頤	0:25:10	0:24:43	
524	311	57	3KM Individual Race - Male Aged 12-15	9030	CHAN WAI CHUN	陳偉駿	0:27:12	0:26:35	
0	0	0	3KM Individual Race - Male Aged 12-15	9013	YUEN TIK FAN	阮迪勛	RWR	0:19:09	Wrong Start
0	0	0	3KM Individual Race - Male Aged 12-15	9015 9024	CHAN CARSTEN	陳加讚	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 12-15 3KM Individual Race - Male Aged 12-15	9024	CHAN HIU YEUNG LO CHING YIN MACUS	盧政賢	DNS DNS	DNS DNS	
0	0	0	3KM Individual Race - Male Aged 12-15	9028	HUI CHUN YIU	許竣堯	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 12-15	9036	LO HO FUNG RICK	羅浩峰	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 12-15	9163	LEE HANG CHUN	李恒雋	RWR	0:24:24	Wrong Start
0	0	0	3KM Individual Race - Male Aged 12-15	9168	LEE CHEUK HIM	, , , , ,	0:18:55	0:18:22	No Prize
0	0	0	3KM Individual Race - Male Aged 12-15	9169	TAM POK HIM		0:23:10	0:23:04	No Prize
0	0	0	3KM Individual Race - Male Aged 12-15	9170	LIU CHI WING		0:22:34	0:22:19	No Prize
0	0	0	3KM Individual Race - Male Aged 12-15	9171	CHAN KAN YU		0:26:42	0:26:13	No Prize
1	1	1	3KM Individual Race - Male Aged 16-29	6224	CHAN CHUN WING VINCENT		0:09:27	0:09:25	
2	2	2	3KM Individual Race - Male Aged 16-29	6056	WONG CHAKLAM	黄澤林	0:10:02	0:10:02	
3	3	3	3KM Individual Race - Male Aged 16-29	6223	HUI YAT HANG	許溢桁	0:10:36	0:10:35	
6	6	4	3KM Individual Race - Male Aged 16-29	6026	LEUNG YUK MING ZAC	梁旭名	0:11:00	0:11:00	
11	11	5	3KM Individual Race - Male Aged 16-29	6220	LAU CHUN HEI	劉俊希	0:11:34	0:11:34	
12	12	6	3KM Individual Race - Male Aged 16-29	6023	LEUNG CHUN KIU	梁雋翹	0:11:34	0:11:33	
33	33	7	3KM Individual Race - Male Aged 16-29	6198	LAM PUI KIN ZACCHEUS	林沛鍵	0:12:46	0:11:33	
51	45	8	3KM Individual Race - Male Aged 16-29	6009	LAU TSZ YEUNG	柳子暘	0:13:36	0:13:33	
61	54	9	3KM Individual Race - Male Aged 16-29	6004	CHU CHI KIT	朱智傑	0:14:12	0:13:50	
62 66	55 58	10 11	3KM Individual Race - Male Aged 16-29 3KM Individual Race - Male Aged 16-29	6196 6031	LAM CHING NING LEE KA LAI	林靖甯 李嘉禮	0:14:12 0:14:24	0:14:05 0:14:21	
75	63	12	3KM Individual Race - Male Aged 16-29	6039	TSOI KA HO	蔡家濠	0:14:33	0:14:22	
83	69	13	3KM Individual Race - Male Aged 16-29	6049	HO CHUN HEI	何俊熹	0:14:51	0:14:40	
92	75	14	3KM Individual Race - Male Aged 16-29	6029	LI JUN JIE	李俊傑	0:15:12	0:15:01	
93	76	15	3KM Individual Race - Male Aged 16-29	6048	ZHUANG WU YU	莊武裕	0:15:14	0:15:03	
94	77	16	3KM Individual Race - Male Aged 16-29	6028	LO CHUN	盧俊	0:15:20	0:15:15	
102	83	17	3KM Individual Race - Male Aged 16-29	6046	LIU WAI		0:15:41	0:15:30	
106	85	18	3KM Individual Race - Male Aged 16-29	6033	DENG ZEYUAN	鄧澤源	0:15:50	0:15:32	
107	86	19	3KM Individual Race - Male Aged 16-29	6045	YEUNG MAX		0:16:07	0:15:47	
126	101	20	3KM Individual Race - Male Aged 16-29	6218	LAU CHEUK HEI	劉卓熙	0:17:08	0:16:52	
135	109	21	3KM Individual Race - Male Aged 16-29	6226	FUNG CHEUK LAP	馮卓立	0:17:20	0:16:54	
139	112	22	3KM Individual Race - Male Aged 16-29	6020	CHAN KAI YIN	陳繼賢	0:17:29	0:17:23	
143	115	23	3KM Individual Race - Male Aged 16-29	6051	TONG HEI	唐熙	0:17:34	0:17:26	
155	122	24	3KM Individual Race - Male Aged 16-29	6036	SO LAP	蘇立	0:17:52	0:17:34	
156 157	123 124	25 26	3KM Individual Race - Male Aged 16-29 3KM Individual Race - Male Aged 16-29	6025 6225	LAM WAN HIM LI CHEUK KIU	李卓橋	0:17:57 0:17:58	0:17:55 0:17:34	
158	125	27	3KM Individual Race - Male Aged 16-29	6019	LAU CHEUK HEI	子早情 劉綽希	0:17:58	0:17:54	
163	128	28	3KM Individual Race - Male Aged 16-29	6199	LAU WAI HIN	劉瑋軒	0:18:15	0:17:53	
167	131	29	3KM Individual Race - Male Aged 16-29	6016	SIU SAU HIM	蕭守謙	0:18:21	0:17:55	
170	133	30	3KM Individual Race - Male Aged 16-29	6018	TSANG CHIU CHUN		0:18:23	0:18:13	
173	135	31	3KM Individual Race - Male Aged 16-29	6034	TSEUNG KAM FAI	蔣金煇	0:18:31	0:18:21	
175	137	32	3KM Individual Race - Male Aged 16-29	6219	HUANG HO SUM	黄河深	0:18:43	0:18:27	
181	141	33	3KM Individual Race - Male Aged 16-29	6038	LAI CHI CHUNG	黎智聰	0:18:50	0:18:33	
185	145	34	3KM Individual Race - Male Aged 16-29	6053	CHAN CHEUK HIM	陳卓謙	0:18:58	0:18:48	
188	148	35	3KM Individual Race - Male Aged 16-29	6044	MAK KING FAI	麥景輝	0:19:00	0:18:22	
202	159	36	3KM Individual Race - Male Aged 16-29	6040	MAK CHI SHING	麥智成	0:19:20	0:18:57	
203	160	37	3KM Individual Race - Male Aged 16-29	6030	MAK CHEUK YIN	麥卓賢	0:19:21	0:18:57	
226	177	38	3KM Individual Race - Male Aged 16-29	6041	YU TSZ PONG	余子邦	0:19:53	0:19:45	
275	205	39	3KM Individual Race - Male Aged 16-29	6050	NG CHUNG MING	3F 4T /+	0:20:48	0:20:41	
281	209	40	3KM Individual Race - Male Aged 16-29	6204	CHEUNG PAK HEI	張栢僖	0:20:53	0:20:32	
293	215	41	3KM Individual Race - Male Aged 16-29	6022	CHEUNG CHUNG HANG	張頌恆	0:21:08	0:20:46	
299	220	42	3KM Individual Race - Male Aged 16-29	6200	LAM CHING FUNG	藍正峰	0:21:19	0:20:56	
318	227	43	3KM Individual Race - Male Aged 16-29	6222	TAM TSZ HIM		0:21:43	0:21:39	
321 361	229	44 45	3KM Individual Race - Male Aged 16-29 3KM Individual Race - Male Aged 16-29	6221 6058	LIN LIK FUNG	部立体	0:21:44 0:22:34	0:21:39 0:22:22	
361 378	248 254	46	3KM Individual Race - Male Aged 16-29 3KM Individual Race - Male Aged 16-29	6014	TANG YAU JUN HO KIN PANG	鄧又榛 何健鵬	0:22:34	0:22:22	
389	256	47	3KM Individual Race - Male Aged 16-29	6021	WONG KEI YIP	刊 養基業	0:23:02	0:22:22	
391	257	48	3KM Individual Race - Male Aged 16-29	6002	FONG HO YIN	方晧賢	0:23:19	0:22:47	
407	265	49	3KM Individual Race - Male Aged 16-29	6024	HUI SHING FUNG ANDY	許成峰	0:23:31	0:23:16	
417	269	50	3KM Individual Race - Male Aged 16-29	6195	CHAN WAI CHUNG	陳韋冲	0:23:40	0:23:33	
440	278	51	3KM Individual Race - Male Aged 16-29	6003	LEE SUNG MAN	李崇文	0:24:05	0:23:48	
458	284	52	3KM Individual Race - Male Aged 16-29	6010	CHUNG CHEUK HO	鍾卓浩	0:24:41	0:24:30	
460	285	53	3KM Individual Race - Male Aged 16-29	6043	LEE YI ZHEN	李沂臻	0:24:42	0:24:24	
522	310	54	3KM Individual Race - Male Aged 16-29	6202	YUEN LIK HANG	阮力恒	0:27:10	0:16:47	
The second secon									

erall Position		0 to 0 to						
544	317	Category Position 55	Category 3KM Individual Race - Male Aged 16-29	Bib 6052	Name WONG TIAN LUO	姓名 黄天洛	Official Time 0:28:06	ChipTime 0:27:57
552	319	56	3KM Individual Race - Male Aged 16-29	6054	CHAN SIU HO	陳兆豪	0:28:36	0:28:27
572	324	57	3KM Individual Race - Male Aged 16-29	6055	KAN CHEUK TING	PAK 20 39K	0:29:28	0:29:03
596	331	58	3KM Individual Race - Male Aged 16-29	6042	KWONG KING SANG		0:31:23	0:30:42
666	347	59	3KM Individual Race - Male Aged 16-29	6035	FUNG YAT KIT	馮逸杰	0:44:12	0:33:47
673	350	60	3KM Individual Race - Male Aged 16-29	6006	TSANG OLSON		0:47:19	0:35:22
0	0	0	3KM Individual Race - Male Aged 16-29	6001	HO CHEUNG YU	何翔宇	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6005	TSE KA CHUN		DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6007	LAM YAN LONG	林昕朗	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6008	SO MAN CHUNG	蘇文聰	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6011	CHENG NGO WAI	鄭翶懷	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6012	LAM KA HIN	軒	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6013	LAU KIN HEI		DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6015	QIN KUN	覃堃	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6017	YEUNG TIK HANG	楊迪行	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6027	SO CHUN KAI	蘇振楷	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6032	LI WING CHEUNG	李永祥	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6037	FITTER HUGO JAMES BOYD		DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6047	YING HO HOI	邢皓凱	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6057	ZMF MARTIN	朱明鋒	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6197	PAK CHUN NGAI	白俊毅	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6201	TANG TANG	鄧浩鈞	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6203	CHUNG ALAN	25.15.14	DNS	DNS
0	0	0	3KM Individual Race - Male Aged 16-29	6205	CHEUNG PAK YU	張栢榆	DNS	DNS
21	21	1	3KM Individual Race - Male Aged 30-39	6119	WU STEPHEN		0:12:11	0:12:11
24	24	2	3KM Individual Race - Male Aged 30-39	6080	LEUNG WAN TIK		0:12:15	0:12:15
27	27	3	3KM Individual Race - Male Aged 30-39	6114	LEE LOK KWAN	李樂君	0:12:21	0:12:18
30	30	4	3KM Individual Race - Male Aged 30-39	6095	WONG MAN HO		0:12:35	0:12:35
31	31	5	3KM Individual Race - Male Aged 30-39	6069	TSOI WING WAI	蔡永威	0:12:40	0:12:40
56	50	6	3KM Individual Race - Male Aged 30-39	6115	WAN KA HO	尹家豪	0:13:49	0:13:38
58	51	7	3KM Individual Race - Male Aged 30-39	6072	LI WAI LUN		0:14:05	0:14:04
60	53	8	3KM Individual Race - Male Aged 30-39	6083	FUNG ALAN		0:14:10	0:13:34
67	59	9	3KM Individual Race - Male Aged 30-39	6066	YEUNG CHI YIU	楊智堯	0:14:26	0:14:26
89	74	10	3KM Individual Race - Male Aged 30-39	6068	CHEE FOOK LAM BRONSON	徐福林	0:15:09	0:14:51
98	79	11	3KM Individual Race - Male Aged 30-39	6094	CHOY WAI LOK		0:15:38	0:15:25
108	87	12	3KM Individual Race - Male Aged 30-39	6084	POON CHIU LAM		0:16:12	0:16:10
120	97	13	3KM Individual Race - Male Aged 30-39	6106	MIU KA WAI	繆家偉	0:16:46	0:16:23
123	99	14	3KM Individual Race - Male Aged 30-39	6091	SIU YAM KIT	蕭任傑	0:17:00	0:16:56
131	106	15	3KM Individual Race - Male Aged 30-39	6077	LEUNG HOI KIU	梁凱喬	0:17:15	0:17:12
150	118	16	3KM Individual Race - Male Aged 30-39	6070	CHIU YU FAI		0:17:48	0:17:43
165	129	17	3KM Individual Race - Male Aged 30-39	6059	CHEUNG MAN YUK	張文毓	0:18:19	0:18:07
174	136	18	3KM Individual Race - Male Aged 30-39	6110	TUNG CHEUK KAN		0:18:41	0:18:09
178	139	19	3KM Individual Race - Male Aged 30-39	6227	CAI ZHIHENG	蔡智恒	0:18:45	0:18:44
179	140	20	3KM Individual Race - Male Aged 30-39	6096	KOON SHING CHUNG	官承聰	0:18:46	0:18:23
183	143	21	3KM Individual Race - Male Aged 30-39	6109	LAW CHUNG MING		0:18:53	0:18:26
187	147	22	3KM Individual Race - Male Aged 30-39	6062	LO YU HIN	勞裕軒	0:18:59	0:18:54
190	149	23	3KM Individual Race - Male Aged 30-39	6063	YIM WAI HO		0:19:02	0:18:55
197	155	24	3KM Individual Race - Male Aged 30-39	6101	SUEN KA HO	孫嘉豪	0:19:13	0:18:40
199	157	25	3KM Individual Race - Male Aged 30-39	6103	CHU LAP YIN		0:19:14	0:18:49
214	169	26	3KM Individual Race - Male Aged 30-39	6237	CHAN KA CHUN	陳家俊	0:19:32	0:18:55
229	179	27	3KM Individual Race - Male Aged 30-39	6102	LI SIU HO	李兆豪	0:19:56	0:19:42
239	185	28	3KM Individual Race - Male Aged 30-39	6113	MA KA WAI		0:20:07	0:19:33
241	187	29	3KM Individual Race - Male Aged 30-39	6089	CHAU TSZ HUNG		0:20:12	0:19:52
249	191	30	3KM Individual Race - Male Aged 30-39	6117	LAM CHUN YIN	林俊彦	0:20:17	0:20:05
261	195	31	3KM Individual Race - Male Aged 30-39	6081	CHENG TIN LUN		0:20:28	0:20:00
272	203	32	3KM Individual Race - Male Aged 30-39	6086	TSAI KA CHUN		0:20:45	0:20:41
276	206	33	3KM Individual Race - Male Aged 30-39	6085	LAU CHI PANG		0:20:49	0:20:32
278	208	34	3KM Individual Race - Male Aged 30-39	6251	LEUNG WAI CHUNG		0:20:50	0:20:12
291	214	35	3KM Individual Race - Male Aged 30-39	6233	LEUNG ROGER	梁嘉俊	0:21:08	0:20:46
298	219	36	3KM Individual Race - Male Aged 30-39	6067	TAM YAT LONG	譚日朗	0:21:17	0:20:45
301	222	37	3KM Individual Race - Male Aged 30-39	6061	WONG KWAN LEUNG		0:21:21	0:21:14
324	231	38	3KM Individual Race - Male Aged 30-39	6116	CHOI PING HUNG		0:21:45	0:21:20
326	233	39	3KM Individual Race - Male Aged 30-39	6097	CHOY KWUN HEI	蔡冠熙	0:21:45	0:21:32
338	236	40	3KM Individual Race - Male Aged 30-39	6249	WU MAN HONG MANFRED	27.70	0:22:04	0:21:35
348	241	41	3KM Individual Race - Male Aged 30-39	6228	HUNG SZE YU		0:22:15	0:21:47
394	259	42	3KM Individual Race - Male Aged 30-39	6248	MAK YU HIN		0:23:21	0:22:45
397	261	43	3KM Individual Race - Male Aged 30-39	6090	CHOI KAI YIP		0:23:23	0:23:00
413	267	44	3KM Individual Race - Male Aged 30-39	6234	MAK HOI KUEN	麥海權	0:23:37	0:23:33
423	272	45	3KM Individual Race - Male Aged 30-39	6092	WEN CHUN PONG	~ MP IIE	0:23:47	0:23:28
438	277	46	3KM Individual Race - Male Aged 30-39	6111	LAU HOI SUN		0:24:04	0:23:29
468	290	47	3KM Individual Race - Male Aged 30-39	6235	WU KA CHUNG	胡家聰	0:24:53	0:24:28
485	296	48	3KM Individual Race - Male Aged 30-39	6118	KAM KAI CHUNG	1 NV 4ID	0:25:14	0:25:00
497	299	49	3KM Individual Race - Male Aged 30-39	6093	LEUNG KAI YAN	梁啟仁	0:25:50	0:24:37
499	300	50	3KM Individual Race - Male Aged 30-39	6079	PANG YIU FAI	彭耀輝	0:25:51	0:25:12
504	302	51	3KM Individual Race - Male Aged 30-39	6104	CHOI KA YU	蔡家裕	0:26:07	0:25:59
507	304	52	3KM Individual Race - Male Aged 30-39	6231	TAM CHUN KIT		0:26:09	0:25:30
509	306	53	3KM Individual Race - Male Aged 30-39	6073	CHAK WING KONG		0:26:22	0:24:58
528	312	54	3KM Individual Race - Male Aged 30-39	6074	YUEN CHUN KIT		0:27:23	0:17:02
564	321	55	3KM Individual Race - Male Aged 30-39	6076	CHOI WAI HANG		0:29:01	0:28:51
568	323	56	3KM Individual Race - Male Aged 30-39	6108	CHIU TSZ FUNG	趙子峰	0:29:26	0:28:57
605	334	57	3KM Individual Race - Male Aged 30-39	6099	CHOI MAN FUI MATHEW	蔡文魁	0:31:44	0:21:09
642	341	58	3KM Individual Race - Male Aged 30-39	6252	CHAN HO TIN		0:35:38	0:35:25
	344	59	3KM Individual Race - Male Aged 30-39	6098	LEUNG HONG KUEN	梁康權	0:40:23	0:30:01
651	348	60	3KM Individual Race - Male Aged 30-39	6078	POON KING		0:45:11	0:44:40
	0	0	3KM Individual Race - Male Aged 30-39	6060	CHIK KWONG HO	植光浩	DNS	DNS
651 667 0		0	3KM Individual Race - Male Aged 30-39	6064	CHUNG CHUN	鍾進	DNS	DNS
667	0	U			WONG MAN WUI		DNS	
667 0		0	3KM Individual Race - Male Aged 30-39	6065			DINO	DNS
667 0 0	0			6065 6071	LI CHO FUNG	李楚鋒	DNS	DNS DNS
667 0 0	0	0	3KM Individual Race - Male Aged 30-39			李楚鋒 趙嘉駿		
667 0 0 0 0	0 0 0	0	3KM Individual Race - Male Aged 30-39 3KM Individual Race - Male Aged 30-39	6071	LI CHO FUNG		DNS	DNS
667 0 0 0 0 0	0 0 0	0 0 0	3KM Individual Race - Male Aged 30-39 3KM Individual Race - Male Aged 30-39 3KM Individual Race - Male Aged 30-39	6071 6075	LI CHO FUNG CHIU KA CHUN	趙嘉駿	DNS DNS	DNS DNS
667 0 0 0 0 0 0	0 0 0 0	0 0 0	3KM Individual Race - Male Aged 30-39 3KM Individual Race - Male Aged 30-39	6071 6075 6082 6087	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN	趙嘉駿 黃荻楓 陳偉進	DNS DNS DNS	DNS DNS DNS
667 0 0 0 0 0 0 0 0	0 0 0 0 0 0	0 0 0 0 0	3KM Individual Race - Male Aged 30-39	6071 6075 6082 6087 6088	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN PANG HO PONG	趙嘉駿 黃荻楓	DNS DNS DNS DNS DNS DNS	DNS DNS DNS DNS DNS
667 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0	0 0 0 0 0 0	3KM Individual Race - Male Aged 30-39	6071 6075 6082 6087 6088 6100	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN PANG HO PONG CHEN CONNOR CHUN KIT	趙嘉駿 黃荻楓 陳偉進 彭浩邦	DNS DNS DNS DNS DNS DNS DNS	DNS DNS DNS DNS DNS DNS DNS DNS
667 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0	0 0 0 0 0 0	3KM Individual Race - Male Aged 30-39	6071 6075 6082 6087 6088 6100 6105	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN PANG HO PONG CHEN CONNOR CHUN KIT MAK CHUN WAI	趙嘉駿 黃荻楓 陳偉進	DNS DNS DNS DNS DNS DNS DNS DNS DNS	DNS DNS DNS DNS DNS DNS DNS DNS DNS
667 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0	3KM Individual Race - Male Aged 30-39	6071 6075 6082 6087 6088 6100 6105 6107	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN PANG HO PONG CHEN CONNOR CHUN KIT MAK CHUN WAI LAW KIT MAN	趙嘉駿 黃荻楓 陳偉進 彭浩邦	DNS	DNS
667 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0	3KM Individual Race - Male Aged 30-39	6071 6075 6082 6087 6088 6100 6105 6107	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN PANG HO PONG CHEN CONNOR CHUN KIT MAK CHUN WAI LAW KIT MAN POON KWOK CHEUNG	趙嘉駿 黃荻偉 陳 彰 浩 李 俊 韓	DNS	DNS
667 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0	3KM Individual Race - Male Aged 30-39	6071 6075 6082 6087 6088 6100 6105 6107 6112 6206	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN PANG HO PONG CHEN CONNOR CHUN KIT MAK CHUN WAI LAW KIT MAN POON KWOK CHEUNG PHU CHAK SUM	趙嘉駿 黃森 陳 陳 彦 浩 李 俊 韓 年 年 年 年 年 年 年 年 年 年 年 年 年 年 年 年 年 年	DNS	DNS
667 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0	3KM Individual Race - Male Aged 30-39	6071 6075 6082 6087 6088 6100 6105 6107 6112 6206 6207	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN PANG HO PONG CHEN CONNOR CHUN KIT MAK CHUN WAI LAW KIT MAN POON KWOK CHEUNG PHU CHAK SUM LAI JUN YING	趙嘉 黎 概	DNS	DNS
667 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0	3KM Individual Race - Male Aged 30-39	6071 6075 6082 6088 6088 6100 6105 6107 6112 6206 6207 6208	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN PANG HO PONG CHEN CONNOR CHUN KIT MAK CHUN WAI LAW KIT MAN POON KWOK CHEUNG PHU CHAK SUM LAI JUN YING CHO KA WA	趙素荻偉浩 陳彦浩 俊 李 符報 曹 華	DNS	DNS
667 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0	3KM Individual Race - Male Aged 30-39	6071 6075 6082 6087 6088 6100 6105 6107 6112 6206 6207 6208 6229	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN PANG HO PONG CHEN CONNOR CHUN KIT MAK CHUN WAI LAW KIT MAN POON KWOK CHEUNG PHU CHAK SUM LAI JUN YING CHO KA WA SO KIN LUN	趙嘉 黎 機 進邦 東京	DNS	DNS
667 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	3KM Individual Race - Male Aged 30-39	6071 6075 6082 6087 6088 6100 6105 6107 6112 6206 6207 6208 6229 6230	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN PANG HO PONG CHEN CONNOR CHUN KIT MAK CHUN WAI LAW KIT MAN POON KWOK CHEUNG PHU CHAK SUM LAI JUN YING CHO KA WA SO KIN LUN LEE KA NOK	趙 英陳 華 縣 楓 進邦 上 俊 華 縣 楓 進邦 上 俊 澤 俊 嘉 健 露 健 露 健 露 健 露 健 露 健 露 健 露 健 露 健 露 世 縣 華 縣 諾	DNS	DNS
667 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0	3KM Individual Race - Male Aged 30-39	6071 6075 6082 6087 6088 6100 6105 6107 6112 6206 6207 6208 6229	LI CHO FUNG CHIU KA CHUN WONG TIK FUNG CHAN WAI CHUN PANG HO PONG CHEN CONNOR CHUN KIT MAK CHUN WAI LAW KIT MAN POON KWOK CHEUNG PHU CHAK SUM LAI JUN YING CHO KA WA SO KIN LUN	趙嘉 黎 機 進邦 東京	DNS	DNS

	Gender Position 0	Category Position 0	Category 3KM Individual Race - Male Aged 30-39	Bib 6253	Name WONG WAI LUN	姓名	Official Time 0:17:09	ChipTime 0:16:27	Rema No Pr
0	0	0	3KM Individual Race - Male Aged 30-39	6254	CHUNG YIU PAN		0:22:00	0:21:46	No Pr
4	4	1	3KM Individual Race - Male Aged 40-49	6124	LAU KING FUNG	劉勁峰	0:10:46	0:10:46	14011
8	8	2	3KM Individual Race - Male Aged 40-49	6144	CHENG HOK SUM	鄭學森	0:11:05	0:11:05	
10	10	3	3KM Individual Race - Male Aged 40-49	6139	WONG MIKE		0:11:23	0:11:23	
13	13	4	3KM Individual Race - Male Aged 40-49	6174	LAU MAN CHUN	劉文俊	0:11:40	0:11:40	
15	15	5	3KM Individual Race - Male Aged 40-49	6244	MANDRIOTA NICOLA		0:11:51	0:11:51	
17	17	6	3KM Individual Race - Male Aged 40-49	6187	CHAN MICHAEL		0:11:54	0:11:54	
18	18	7	3KM Individual Race - Male Aged 40-49	6128	LAM CHUNG WAI	林仲偉	0:11:56	0:11:55	
25	25	8	3KM Individual Race - Male Aged 40-49	6169	MOK HON SUEN		0:12:19	0:12:19	
26	26	9	3KM Individual Race - Male Aged 40-49	6175	CHUNG MAN HONG	鍾文康	0:12:20	0:12:19	
34	34	10	3KM Individual Race - Male Aged 40-49	6132	CHAN SHEK WAH		0:12:51	0:12:49	
41	38	11	3KM Individual Race - Male Aged 40-49	6240	MOK WAI CHUNG	235. et- n+	0:13:14	0:13:14	
44	41	12	3KM Individual Race - Male Aged 40-49	6147	LEUNG HOI KIT	梁康晴	0:13:18	0:13:17	
53	47	13	3KM Individual Race - Male Aged 40-49	6177	TAM KAI HONG NG KA HO	吳嘉豪	0:13:39	0:13:29	
54 59	48 52	14 15	3KM Individual Race - Male Aged 40-49 3KM Individual Race - Male Aged 40-49	6186 6140	CHEUNG CHIN PING	張展平	0:13:46 0:14:06	0:13:46 0:14:06	
71	60	16	3KM Individual Race - Male Aged 40-49	6146	LEUNG VINCENT	JK/JK T	0:14:29	0:14:29	
80	66	17	3KM Individual Race - Male Aged 40-49	6172	YUNG MAN TO	翁文濤	0:14:39	0:14:03	
81	67	18	3KM Individual Race - Male Aged 40-49	6215	CHEUNG BING HANG	張秉衡	0:14:45	0:14:25	
84	70	19	3KM Individual Race - Male Aged 40-49	6148	MAK KAI YIN	麥啓賢	0:14:56	0:14:54	
99	80	20	3KM Individual Race - Male Aged 40-49	6245	WONG CHI KUEN	黄智權	0:15:38	0:15:04	
121	98	21	3KM Individual Race - Male Aged 40-49	6190	LEE CHUN SHING AARON	李俊誠	0:16:53	0:16:45	
125	100	22	3KM Individual Race - Male Aged 40-49	6179	ATKINSON MICHAEL		0:17:03	0:16:58	
129	104	23	3KM Individual Race - Male Aged 40-49	6168	LAW KA LUNG	羅嘉龍	0:17:13	0:17:09	
130	105	24	3KM Individual Race - Male Aged 40-49	6178	CHOI SAI MING	蔡世明	0:17:14	0:17:12	
133	108	25	3KM Individual Race - Male Aged 40-49	6145	WONG KWOK TUNG	黃國棟	0:17:19	0:17:15	
140	113	26	3KM Individual Race - Male Aged 40-49	6127	TSE MOODY	謝順斌	0:17:31	0:17:16	
162	127	27	3KM Individual Race - Male Aged 40-49	6189	KO HEUNG YEUNG	高向陽	0:18:09	0:17:59	
166	130	28	3KM Individual Race - Male Aged 40-49	6158	LEUNG HOK WANG SIMON	梁學宏	0:18:20	0:18:06	
172	134	29	3KM Individual Race - Male Aged 40-49	6171	CHAN CHEUK LUN		0:18:29	0:18:24	
177	138	30	3KM Individual Race - Male Aged 40-49	6120	LAU KAN BUN	劉耿彬	0:18:44	0:18:29	
184	144	31	3KM Individual Race - Male Aged 40-49	6255	CHAN CHI KIN	陳智健	0:18:56	0:18:19	
191	150	32	3KM Individual Race - Male Aged 40-49	6125	FU HO TING	浩霆 四 苯 ##	0:19:05	0:18:40	
207	162	33	3KM Individual Race - Male Aged 40-49	6242	LO YING KIT HIDEKI	羅英傑	0:19:26	0:19:14	
213	168	34	3KM Individual Race - Male Aged 40-49	6170	WONG CHI LEONG	黄志亮	0:19:32	0:19:20	
216	171	35	3KM Individual Race - Male Aged 40-49	6129	YUEN KING YAN		0:19:33	0:19:17	
218 221	173 175	36 37	3KM Individual Race - Male Aged 40-49 3KM Individual Race - Male Aged 40-49	6141 6246	MOK CHIN CHEUNG CHI KIN	張志健	0:19:35 0:19:44	0:19:26 0:19:42	
231	181	38	3KM Individual Race - Male Aged 40-49	6142	PROLOG LEUNG	汉心胜	0:19:57	0:19:55	
235	182	39	3KM Individual Race - Male Aged 40-49	6165	LEE CHI KIT	李至杰	0:20:01	0:19:29	
236	183	40	3KM Individual Race - Male Aged 40-49	6185	YUNG HOI PANG	7±m	0:20:02	0:19:41	
244	189	41	3KM Individual Race - Male Aged 40-49	6163	LAM KA CHUN	林嘉俊	0:20:13	0:19:54	
255	193	42	3KM Individual Race - Male Aged 40-49	6173	LAU WING HONG	11730 00	0:20:26	0:19:45	
262	196	43	3KM Individual Race - Male Aged 40-49	6241	KIN WEN HUP		0:20:29	0:20:00	
263	197	44	3KM Individual Race - Male Aged 40-49	6176	LI KA HO	李家豪	0:20:30	0:20:17	
264	198	45	3KM Individual Race - Male Aged 40-49	6167	WONG KIM PING	黄劍平	0:20:32	0:20:23	
266	199	46	3KM Individual Race - Male Aged 40-49	6166	LAM RICKY		0:20:35	0:19:52	
269	201	47	3KM Individual Race - Male Aged 40-49	6151	WONG SIU CHEUNG	黃紹祥	0:20:40	0:20:22	
270	202	48	3KM Individual Race - Male Aged 40-49	6126	LAM HONG CHING		0:20:42	0:20:12	
273	204	49	3KM Individual Race - Male Aged 40-49	6247	LEUNG WAI PONG	梁維邦	0:20:46	0:20:29	
284	210	50	3KM Individual Race - Male Aged 40-49	6121	YEUNG KIT HO	楊傑豪	0:20:58	0:20:47	
290	213	51	3KM Individual Race - Male Aged 40-49	6214	CHOW SIU KEI RONALD		0:21:06	0:20:59	
316	226	52	3KM Individual Race - Male Aged 40-49	6123	TUNG KING YIU		0:21:43	0:21:40	
320	228	53	3KM Individual Race - Male Aged 40-49	6154	TSO KA CHUN	Patrick tab	0:21:44	0:21:25	
325	232	54	3KM Individual Race - Male Aged 40-49	6192	CHAN HUNG KEI LEONG CHUNG SHING	陳鴻基	0:21:45	0:21:42	
342 344	238 239	55 56	3KM Individual Race - Male Aged 40-49 3KM Individual Race - Male Aged 40-49	6134 6184	LO SUNG TO		0:22:09 0:22:15	0:21:52 0:21:05	
350	242	57	3KM Individual Race - Male Aged 40-49	6212	LAU STANLEY	劉中信	0:22:19	0:21:50	
353	244	58	3KM Individual Race - Male Aged 40-49	6213	WONG KAI MING	黄啟明	0:22:21	0:21:52	
366	251	59	3KM Individual Race - Male Aged 40-49	6160	WONG TAT SHING JOE	黄達成	0:22:40	0:22:18	
369	252	60	3KM Individual Race - Male Aged 40-49	6131	YEUNG WAI HONG	楊偉康	0:22:42	0:22:22	
399	262	61	3KM Individual Race - Male Aged 40-49	6159	CHAN VINCENT	陳穎恒	0:23:23	0:23:12	
411	266	62	3KM Individual Race - Male Aged 40-49	6216	LAU PAK HUNG BEN	劉伯雄	0:23:34	0:23:16	
430	274	63	3KM Individual Race - Male Aged 40-49	6188	LEUNG CHEUNG KIT	梁章傑	0:23:57	0:23:43	
455	281	64	3KM Individual Race - Male Aged 40-49	6161	YUEN MAN KIN	阮文健	0:24:38	0:23:59	
461	286	65	3KM Individual Race - Male Aged 40-49	6239	LEE HEUNG WING	李向榮	0:24:43	0:24:28	
469	291	66	3KM Individual Race - Male Aged 40-49	6181	MAN HON KUEN		0:24:54	0:24:29	
475	293	67	3KM Individual Race - Male Aged 40-49	6193	WONG KWOK KUI	黄國駒	0:25:05	0:24:52	
492	297	68	3KM Individual Race - Male Aged 40-49	6138	YUNG YUE HIN	翁宇軒	0:25:47	0:25:26	
515	307	69	3KM Individual Race - Male Aged 40-49	6136	FOK WAI SUM	霍偉琛	0:26:58	0:26:50	
516	308	70	3KM Individual Race - Male Aged 40-49	6137	HO KA MAN	何家文	0:27:00	0:26:32	
521	309	71	3KM Individual Race - Male Aged 40-49	6135	CHAN HO YU RICHARD	陳顥瑜	0:27:07	0:16:52	
531	313	72	3KM Individual Race - Male Aged 40-49	6149	HUI NIKKI	許丹明	0:27:34	0:27:10	
540 553	316 320	73 74	3KM Individual Race - Male Aged 40-49 3KM Individual Race - Male Aged 40-49	6238 6211	LEUNG WAI HUNG SUNG CHI WO, GEOFFREY	梁偉雄 宇知和	0:27:56 0:28:37	0:27:10 0:28:04	
566	320	75	3KM Individual Race - Male Aged 40-49 3KM Individual Race - Male Aged 40-49	6130	LEUNG KWAI MAN	宋智和 梁桂文	0:28:37	0:28:04	
576	325	76	3KM Individual Race - Male Aged 40-49 3KM Individual Race - Male Aged 40-49	6164	LAM HUNG	林雄	0:30:07	0:28:44	
578	326	77	3KM Individual Race - Male Aged 40-49	6209	YU MATTHEW	余錠濠	0:30:24	0:29:47	
598	332	78	3KM Individual Race - Male Aged 40-49	6217	SO KA ON	蘇家安	0:31:33	0:31:15	
614	336	79	3KM Individual Race - Male Aged 40-49	6143	SHUM YAT HO		0:32:37	0:22:12	
621	337	80	3KM Individual Race - Male Aged 40-49	6133	LAM MAU WONG	林謀煌	0:33:39	0:23:35	
649	343	81	3KM Individual Race - Male Aged 40-49	6183	LEUNG CHI HANG	梁志衡	0:38:27	0:27:14	
0	0	0	3KM Individual Race - Male Aged 40-49	6122	CHANG KIN WAI	鄭健偉	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6150	LAU YU HIU		DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6152	CHOI ANDY		DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6153	CHAN MING TAI	陳銘泰	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6155	WONG CHUN KEUNG	黃俊強	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6156	BARRETTO JERRY		DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6157	HUYNH GIA LUONG MICHEL	黄家良	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6162	CHUI CHING TAK		DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6180	HUI KA HO JASON	許家豪	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6182	SO WAI LUNG	蘇偉龍	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6191	CHOW SIU LUN		DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6194	LI FUK KEI	李福基	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6210	LEUNG CHUN HO	梁俊豪	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 40-49	6243	TSE WAN KIN	謝允健	DNS	DNS	
9	9	1	3KM Individual Race - Male Aged 50-59	9065	CHAN MAN FOR	陳文科	0:11:17	0:11:17	
14	14	2	3KM Individual Race - Male Aged 50-59	9095	WONG JOSEPH	黄振邦	0:11:43	0:11:42	
23	23	3 4	3KM Individual Race - Male Aged 50-59	9098	LI RYAN	茶粉螺	0:12:12	0:12:11	
37	35 39	5	3KM Individual Race - Male Aged 50-59	9061	WONG YIU FAI	黄耀輝 黄俊	0:13:02	0:13:02	
42	40	6	3KM Individual Race - Male Aged 50-59 3KM Individual Race - Male Aged 50-59	9103 9165	WONG JAMES CHAN KA YIU	東俊	0:13:17 0:13:18	0:13:17 0:13:16	
43		U	JAN Harraga Nace - Maie Ageu 30-39	2103	CHAIR NA 110	余世安	0:14:33	0.13.10	

Overall Position	Gender Position	Category Position	Category	Bib	Name	姓名	Official Time	ChipTime	Remark
77	64	8	3KM Individual Race - Male Aged 50-59	9105	CHEUNG YIU MAN		0:14:36	0:14:35	
86	72	9	3KM Individual Race - Male Aged 50-59	9080	KONG CHI WAI	江智偉	0:15:07	0:14:59	
97	78	10	3KM Individual Race - Male Aged 50-59	9102	LEE HO YIN KAISER		0:15:36	0:15:31	
110	89	11	3KM Individual Race - Male Aged 50-59	9106	WONG CHI KIT	黃志傑	0:16:18	0:16:14	
117	94	12	3KM Individual Race - Male Aged 50-59	9057	YU CHUN KIT	余俊傑	0:16:34	0:16:29	
119	96	13	3KM Individual Race - Male Aged 50-59	9090	TANG JERRY		0:16:41	0:16:15	
141	114	14	3KM Individual Race - Male Aged 50-59	9108	CHUNG SAI KEUNG	鍾世強	0:17:33	0:17:15	
153	120	15	3KM Individual Race - Male Aged 50-59	9094	HO CHUN WING	何振榮	0:17:51	0:17:19	
168	132	16	3KM Individual Race - Male Aged 50-59	9055	CHAN KING MAN	陳敬文	0:18:22	0:18:20	
186	146	17	3KM Individual Race - Male Aged 50-59	9062	NG RAYMOND	吳嘉欣	0:18:58	0:18:36	
196	154	18	3KM Individual Race - Male Aged 50-59	9172	TSANG SAI MING	Simon	0:19:13	0:18:50	
200	158	19	3KM Individual Race - Male Aged 50-59	9100	YEUNG WAI HUNG		0:19:18	0:19:10	
220	174	20	3KM Individual Race - Male Aged 50-59	9074	LAU KIN KEUNG VINCENT		0:19:42	0:19:22	
222	176	21	3KM Individual Race - Male Aged 50-59	9070	LI KOON YUEN ROBERT	李冠元	0:19:46	0:19:36	
228	178	22	3KM Individual Race - Male Aged 50-59	9104	LAI SING YIU	黎成耀	0:19:54	0:19:23	
238	184	23	3KM Individual Race - Male Aged 50-59	9109	FOK MAN HUNG	霍文雄	0:20:05	0:19:49	
252	192	24	3KM Individual Race - Male Aged 50-59	9153	CHAN KUNGFAT	陳躬發	0:20:23	0:20:23	
268	200	25	3KM Individual Race - Male Aged 50-59	9155	CHAN MING	陳明	0:20:38	0:20:08	
286	211	26	3KM Individual Race - Male Aged 50-59	9060	LEUNG MAN FAI		0:21:02	0:20:34	
287	212	27	3KM Individual Race - Male Aged 50-59	9087	WONG YUN WING	王潤榮	0:21:03	0:20:46	
297	218	28	3KM Individual Race - Male Aged 50-59	9099	YEUNG YUEN FAN	楊遠勳	0:21:13	0:20:46	
302	223	29	3KM Individual Race - Male Aged 50-59	9166	LI SHU HO	李樹濠	0:21:21	0:20:50	
305	224	30	3KM Individual Race - Male Aged 50-59	9068	NG WAI JIM	伍偉沾	0:21:30	0:21:15	
323	230	31	3KM Individual Race - Male Aged 50-59	9086	MAK WAI LEONG	麥偉亮	0:21:44	0:21:26	
329	234	32	3KM Individual Race - Male Aged 50-59	9085	LEUNG PAK MING	梁百明	0:21:52	0:21:22	
332	235	33	3KM Individual Race - Male Aged 50-59	9075	SIN H K	冼雄傑	0:21:57	0:21:32	
345	240	34	3KM Individual Race - Male Aged 50-59	9069	CHUNG WAI LUN	キャッ	0:22:15	0:22:01	
359	246	35	3KM Individual Race - Male Aged 50-59	9056	WONG MAN HO	黄文浩 沙德··	0:22:33	0:22:19	
363 364	249	36 37	3KM Individual Race - Male Aged 50-59	9164 9082	LEUNG WAI YIN WILSON MARK KWOK SUM	梁偉然	0:22:36	0:22:17 0:22:34	
364	250 253	38	3KM Individual Race - Male Aged 50-59 3KM Individual Race - Male Aged 50-59	9082	HUI KIN HO ANDY	麥國森	0:22:38 0:22:43	0:22:34	
396	260	38	3KM Individual Race - Male Aged 50-59 3KM Individual Race - Male Aged 50-59	9072	YEUNG KAI SHUN GRAYSON	楊繼信	0:22:43	0:22:24	
401	263	40	3KM Individual Race - Male Aged 50-59 3KM Individual Race - Male Aged 50-59	9077	WONG CHIM LOI	後福店 黄暹來	0:23:25	0:23:20	
418	270	41	3KM Individual Race - Male Aged 50-59 3KM Individual Race - Male Aged 50-59	9054	CHENG HOK LEUNG	吳進不	0:23:25	0:23:21	
436	275	42	3KM Individual Race - Male Aged 50-59 3KM Individual Race - Male Aged 50-59	9058	CHUNG MANG YAN	鍾孟恩	0:24:03	0:23:36	
437	276	43	3KM Individual Race - Male Aged 50-59	9089	WAN YUEN KONG	温遠江	0:24:03	0:23:30	
447	279	44	3KM Individual Race - Male Aged 50-59	9079	NG LUN YING	伍倫應	0:24:16	0:23:41	
456	282	45	3KM Individual Race - Male Aged 50-59	9054	CHAK CHI KWAN	ITT IMS WEST	0:24:40	0:24:33	
466	288	46	3KM Individual Race - Male Aged 50-59	9066	FUNG KAM WING		0:24:48	0:24:15	
467	289	47	3KM Individual Race - Male Aged 50-59	9084	HON CHI PING	韓志平	0:24:53	0:24:28	
484	295	48	3KM Individual Race - Male Aged 50-59	9063	WONG CHI HO	+470/1	0:25:13	0:25:01	
495	298	49	3KM Individual Race - Male Aged 50-59	9088	HO CHUNG KEUNG		0:25:48	0:25:42	
505	303	50	3KM Individual Race - Male Aged 50-59	9076	YUNG CHI WING		0:26:08	0:25:48	
508	305	51	3KM Individual Race - Male Aged 50-59	9167	FUNG HON CHEUNG		0:26:22	0:26:05	
539	315	52	3KM Individual Race - Male Aged 50-59	9059	LEUNG WAI TONG	梁偉棠	0:27:53	0:27:47	
548	318	53	3KM Individual Race - Male Aged 50-59	9092	LI SIU MAN	李少文	0:28:18	0:28:06	
584	328	54	3KM Individual Race - Male Aged 50-59	9071	LEUNG CHIN HUNG AARON	梁展鴻	0:30:43	0:30:19	
602	333	55	3KM Individual Race - Male Aged 50-59	9097	LI KA YIN	李家賢	0:31:38	0:29:48	
607	335	56	3KM Individual Race - Male Aged 50-59	9073	NG TSZ KIN	吳子健	0:32:08	0:31:59	
629	339	57	3KM Individual Race - Male Aged 50-59	9156	FONG CHI WAH DENNY	方志華	0:35:00	0:34:39	
671	349	58	3KM Individual Race - Male Aged 50-59	9067	NG CHI WANG	吳志宏	0:46:23	0:40:08	
0	0	0	3KM Individual Race - Male Aged 50-59	9078	LEE MAN CHIU	李文超	RWR	0:23:18	Wrong Start
0	0	0	3KM Individual Race - Male Aged 50-59	9081	WONG WA KAN	黃華根	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 50-59	9083	CHUNG PING WAI		DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 50-59	9093	SIN MAN HO	冼文浩	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 50-59	9101	PANG CHI WA	彭志華	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 50-59	9107	YIM JEFF		RWR	0:22:06	Wrong Start
0	0	0	3KM Individual Race - Male Aged 50-59	9154	NG HO YIN SAMSON	吳浩賢	DNS	DNS	
39	36	1	3KM Individual Race - Male Aged 60 or above	9136	YEUNG YING KIT		0:13:10	0:13:10	
55	49	2	3KM Individual Race - Male Aged 60 or above	9112	WONG TAI CHUN MARK		0:13:47	0:13:45	
65	57	3	3KM Individual Race - Male Aged 60 or above	9126	NG WAI KIT		0:14:24	0:14:22	
79	65	4	3KM Individual Race - Male Aged 60 or above	9132	TAM WAI KEUNG LAWRENCE	譚偉強	0:14:37	0:14:26	
136	110	5	3KM Individual Race - Male Aged 60 or above	9122	CHOY KAM WAH		0:17:20	0:17:16	
148	116	6	3KM Individual Race - Male Aged 60 or above	9173	LO KOK LUN		0:17:42	0:17:19	
149	117	7	3KM Individual Race - Male Aged 60 or above	9174	POON KAM CHUEN		0:17:42	0:17:20	
193	151	8	3KM Individual Race - Male Aged 60 or above	9133	LUK YIU KAI		0:19:10	0:19:06	
204	161	9	3KM Individual Race - Male Aged 60 or above	9138	YAU SHUN	m - ··	0:19:21	0:19:14	
230	180	10	3KM Individual Race - Male Aged 60 or above	9134	HAW YUEN SANG	侯元生	0:19:56	0:19:52	
242	188	11	3KM Individual Race - Male Aged 60 or above	9139	LAM WAI KWONG RICKY	林偉光	0:20:13	0:19:51	
256	194	12	3KM Individual Race - Male Aged 60 or above	9125	LIN WOON MING DANIEL	連煥明	0:20:26	0:19:57	
277	207	13	3KM Individual Race - Male Aged 60 or above	9140	LEUNG PUI KI	梁培基	0:20:50	0:20:30	
340 360	237	14	3KM Individual Race - Male Aged 60 or above	9142 9114	LAI TIN HI	黎天喜 李達文	0:22:08	0:22:04	
388	247 255	15 16	3KM Individual Race - Male Aged 60 or above 3KM Individual Race - Male Aged 60 or above	9114	LI TAT MAN SIN CHING KWONG	于进入	0:22:33 0:23:17	0:22:12 0:22:53	
405	264	17	3KM Individual Race - Male Aged 60 or above	9135	WONG CHI WAH	王志華	0:23:17	0:22:53	
415	268	18	3KM Individual Race - Male Aged 60 or above	9115	LAU LOY TAI	柳來弟	0:23:30	0:23:06	
420	271	19	3KM Individual Race - Male Aged 60 or above	9124	YIM YAN KIT	137 / 177	0:23:44	0:23:44	
424	273	20	3KM Individual Race - Male Aged 60 or above	9123	KONG YIU MING	江耀明	0:23:48	0:23:45	
453	280	21	3KM Individual Race - Male Aged 60 or above	9137	KWAN TSANG KWONG	關增光	0:24:34	0:24:23	
457	283	22	3KM Individual Race - Male Aged 60 or above	9111	SHAM KA HUNG	,,,,- <u>,</u> ,,,	0:24:40	0:24:34	
465	287	23	3KM Individual Race - Male Aged 60 or above	9113	YEUNG CHI KWONG	楊志光	0:24:47	0:24:18	
473	292	24	3KM Individual Race - Male Aged 60 or above	9158	MOK CHI MING	莫志明	0:25:02	0:24:51	
502	301	25	3KM Individual Race - Male Aged 60 or above	9157	LAM WAI MAN RAYMOND	林偉民	0:26:05	0:25:50	
538	314	26	3KM Individual Race - Male Aged 60 or above	9117	POON STANLEY		0:27:51	0:24:56	
580	327	27	3KM Individual Race - Male Aged 60 or above	9110	NG SHING LEE	吳成李	0:30:36	0:30:33	
586	329	28	3KM Individual Race - Male Aged 60 or above	9141	LIU GHUNG MING		0:30:50	0:30:39	
589	330	29	3KM Individual Race - Male Aged 60 or above	9159	CHANG CHI HUNG	鄭志鴻	0:30:56	0:30:27	
623	338	30	3KM Individual Race - Male Aged 60 or above	9118	YAN KIN SAN		0:34:14	0:34:14	
637	340	31	3KM Individual Race - Male Aged 60 or above	9130	TANG WAI CHI	鄧偉志	0:35:29	0:35:11	
647	342	32	3KM Individual Race - Male Aged 60 or above	9116	HO KWOK LUN	何國倫	0:37:30	0:37:30	
656	345	33	3KM Individual Race - Male Aged 60 or above	9119	WONG WAI CHEUNG	王偉章	0:41:21	0:40:45	
657	346	34	3KM Individual Race - Male Aged 60 or above	9128	YUNG WING WAH	翁榮華	0:41:24	0:39:01	
0	0	0	3KM Individual Race - Male Aged 60 or above	9120	LI TAI FU FREDERICK	李大富	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 60 or above	9121	KONG KWOK HING KEVIN	江國慶	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 60 or above	9127	YAN MAN YIU	甄文耀	DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 60 or above	9129	LAI KWOK FUNG		DNS	DNS	
0	0	0	3KM Individual Race - Male Aged 60 or above	9131	WONG HO SENG	王皓生	DNS	DNS	
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